

June 26



HEATHER BROOKS, 14, broke the county record for her age group in the 1,500 metres flat race during a recent track competition at Woodstock. Heather completed the distance in 5 min. 30 secs. She is from Medina and is a student at A. J. Baker Public School. (Staff Photo)

Brown's W.I. Meet

Brown's Women's Institute past president Helen Conway welcomed 4-H members, their leader and mothers as guests at the June meeting.

Carol Miller, convener of the family and consumer affairs group read a poem, Guess what happens. She then called on 4H leader Nancy Riddell to explain the

unit Fitness Fare.

The 4H slogan is Together to-day for a terrific to-morrow. The members chose Brown's Body Builders as their club name. They studied the importance of exercise and proper eating habits.

This was demonstrated in a humorous skit called Snacking Right with Garfield. The girls taking part were Pauline Distler, Sue Torbet, Margaret Prince, Julie Richardson and Jo-Anne Distler.

Carol Miller presented Nancy Riddell with a gift in appreciation for her work with the girls.

The roll call was What do you do to try to keep fit.

A report was made on the 79th district annual at Hickson by Evelyn Arthur.

A detailed report was given by the landscaping committee. Plans have been made for some fall planting.

A motion was made to donate \$50 to the Ronald McDonald house being built at Victoria Hospital, Westminster Campus in London.

An announcement was made concerning the Junior Farmers glass drive on July 4 at Brown's school, pick up time is 10 a.m. Coloured glass is to be kept separate and all lids should be removed. This is a community betterment project.

A lunch of strawberries, angel food cake and ice cream was served.

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At Brown's Church

Women's Church Service

Brown's Church held their annual women's church service recently while Rev. Barnes was on holidays.

U.C.W. president Mrs. Murray Kingdon was in charge of the service, the objective of which was to help the congregation realize that they can celebrate the gift of life at every stage of life.

Five readers represented the different age groups in life from birth to old age. They told how every stage of

life is good and reason to celebrate.

The readers were: a child - Lynn Wakem, a teenager - Jo-Anne Distler, a young woman, Evelyn Arthur, a middle-aged woman - Dorothy Taylor, an older woman - Alice Hawkesworth.

The closing remarks reminded everyone that they were given life, with all that it implies - both good and bad.

Two duets, Whispering Hope and It Is No Secret, were sung by Joyce Tate and Nancy West.

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