

Bernice Marsland

From: "kristi rockley" <herd@hdi.today>
Date: May-05-15 1:44 PM
To: "Bernice Marsland" <bermarsl@execulink.com>
Subject: Re: Re Braemar W.I. Coming on May 6, 2015

Hi Bernice,

The herd and I are looking forward to your group coming tomorrow! Sorry I missed your call yesterday. I've got tables and chairs set up for 16 for lunch. Do you need a food table as well or is everyone just bringing their own?

The following is an intro and little background for me if you want to use or I can intro myself, whichever you prefer.

Kristi Rockley is founder and lead mare of Spirit's Whisper Ranch, home to Horse-drawn Insights in Straffordville ON. With an awareness and respect for the life-enhancing impact that horses have on us, she creatively combined the "call of the horse" to a new walk of life in the adventurous and spirited field of Horse Guided Learning. Kristi creates a "space of possibility" where participants are encouraged to discover and experience their own authenticity in action. She and her herd of 8 majestic horses cultivate engaging and transformational growth opportunities for individuals and groups.

The horses "call" to Kristi revealed to her the incredible power within following your heart. Only once she walked away from, and completely let go of the only life she knew, as a police officer and trainer, did Kristi recognize the life-changing gift a young 3 year old quarter horse was offering to her. She followed a non-logical gut feeling and drove 1600 miles down to Carbondale Colorado ... which was where he was waiting for her. Their instant 6-foot-strong, soul depth connection initiated the start of a journey that demonstrates the unbridled potential available to us when we live in the moment, speak our truth, truly listen, and don't get attached to any outcome. Together, Kristi, Spirit, and their herd co-create empowering experiences designed to enrich both the personal and professional lives of others. Near 20 years of dedicated service and experience as a police officer and police trainer, with Waterloo Regional and York Regional Police Departments, have contributed to Kristi's skills as an effective instructor, coach, and facilitator. She is well-versed in researching, creating, and presenting reality-based experiences and instructional workshops, lectures, and conferences. Kristi encourages and challenges individuals and teams to further develop their awareness, knowledge, skills, and attitudes.

A self motivated learner for over 25 years, Kristi has investigated and attended a wide range of workshops, trainings, and courses (police, civilian, and animal related). She has earned extensive and diverse instructor qualifications throughout North America. Kristi considers learning and personal growth to be an ongoing, life-long journey. Kristi enjoys working with both animals and people, and is committed to the highest level of integrity and excellence, both personally and professionally. She believes when our heart speaks, and we listen, we can find our true selves.

We look forward to seeing you tomorrow!
kristi & herd

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