

Community Care hires a helper

Wednesday, March 29, 1989



Beamsville Figure Skating Club member, Tracey Follis, 15, and her skating partner Jeff Hill, 19 glided away with the gold for pre-novice Ontario Pairs Championship held March 18 in Grimsby. The couple's two-and-a-half minute routine combined jumps, lifts and spins.

Follis wins gold

Tracey Follis has done it again.

Tracey, 15, and her skating partner Jeff Hill, 19, dazzled the crowd and judges with their two-and-a-half-minute routine of jumps, lifts and spins to become the pre-novice level Ontario Pairs champions.

The pair beat out two other couples to win the gold medals during the Ontario Provincial Interclub Championships which was held on March 18 at the Grimsby Community Centre.

"I was happy and excited to win," said the soft-spoken Tracey of her gold-level championship.

A member of the Beamsville Figure Skating Club from age six, Tracey has only been paired with Jeff since they met

and began training together last September.

Because Jeff lives in Streetsville, their skating time together is precious and limited to two hours per week. Tracey usually makes the trek out to a skating rink in Mississauga or Hamilton so she and Jeff can practice their routines.

The Grade 9 Beamsville District Secondary School student, who is better known for her solo skating, said she finds it a little harder to skate with a partner.

"It takes a little bit of time to get used to a partner and it's harder because you have to rely on each other," she said.

The pair have already begun practising for the novice level and plan to enter the contest again next year.



Connie Bucknall has joined Lincoln Community Care as its new administrative co-ordinator, a position created when the non-profit organization received its first-ever funding from the United Way.

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Jordan Lions

50 years of service rewarded

by TONIA DESIATO

Lion's International has a motto: 'We Serve'.

And that is exactly what Cyril Lampman has given to the Lion's Club for the past 50 years — his service.

The great grandfather of 13 was a member of the Beamsville Lion's Club for 31 years before he made a switch to the Jordan Lion's Club 19 years ago. In those years, he has been on every club committee and has also held the positions of club president and zone chairman.

For all his work and effort, Mr. Lampman was honored at the Jordan Lion's Club meeting last Wednesday, and he was presented with a framed certificate for his many years of involvement.

"There's no doubt about it. Without his input into the organization, it would not be as successful as it is," said Dale Braun, president of the Jordan Lions Club.

The retired fruit farmer claims the Lion's Club is his biggest hobby.

"If you don't put anything in, you don't get anything out," he said. "It's like putting money in the bank."

Mr. Lampman, who is now a life member of the Jordan Lion's Club, remembers most



50 YEARS OF SERVICE

Cyril Lampman of the Jordan Lions Club was presented with a certificate by immediate past governor of District A2, Colin Cope, last Wednesday in appreciation for his 50 years of service to the Lions.

fondly the year 1963 when he was zone chairman of nine Niagara area Lion's Clubs.

"I knew all the ropes and all the guys. I made many lasting friendships with other Lions," he recalled.

Mr. Lampman, now 88 years old, has slowed down in the past years and says it's time to let

"the younger boys" do the work. However, his age hasn't stopped him from being an active member in the club as he continues to attend meetings and functions.

"For a fellow to stick around and do this type of volunteer work for 50 years is quite incredible," said Mr. Braun.