How to Preserve a Husband

Be careful in your selection. Do not choose too young. When once selected give your entire thoughts to preparation for domestic use. Some insist upon keeping them in a pickle, others are constantly getting them in hot water. This may make them mouldy, hard and sometimes bitter. Even poor varieties may be made sweet, tender and good by garnishing them with patience, well sweetend with love and kisses. Wrap them in a mantle of charity. Keep warm with a steady fire of domestic devotion and serve with strawberries and cream. Thus prepared they will keep for years.

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This book is dedicated to the modern home. In our home today, as always, life is centered around our kitchens. It is with this thought in mind that we have compiled these recipes.

We the members of the Bealton Women's Institute desire to express our thanks and appreciation to all those who assisted in making our recipe book a success. Most of all we are grateful to the merchants and places of business whose generous support made the publication of the book possible. In recognition of their co-operation, we urge our members and friends to reciprocate by patronizing those places of business whose advertisements appear in this book.