

A COOK BOOK

of favorite recipes

compiled by the members of

Bealton Women's Institute



INSTITUTE ODE

A goodly thing it is to meet in friendship's
circle bright,
Where nothing stains the pleasure sweet, or
dims the radiant light,
No unkind word our lips shall pass, no envy
sour the mind,
But each shall seek the common weal, the
good of all mankind.