

#### IV. LOCAL TRANSPORTATION OF INGREDIENTS AND CANS

1. Where organized, Transport Section, Canadian Red Cross Corps will provide local transportation.
2. Otherwise whatever local facilities are available may be used.

#### V. SUGAR AND FRUIT FUND

1. The Women's Institutes or other local organizations not in fruit areas will be given the opportunity to send money to the fruit-growing districts for the purchase of sugar and fruit.

#### VI. Donations of honey will be welcomed.

#### VII. SUGAR REBATE

Where large amounts of jam are being made the Red Cross Society is attempting to arrange for a sugar rebate from the Government. Hence, where practicable, sugar should be bought in large quantities from either a wholesaler or a refinery and a sugar certificate secured. Arrange for this with your Red Cross Branch.

#### VIII. METHODS RECOMMENDED FOR JAM-MAKING

1. Jam should be made as far as possible by groups working under local supervision either in home, church or other suitable community kitchens. Individuals working alone in home kitchens should not make jam as it is impossible to standardize the product.
2. In districts where factories are located jam may be made by those factories willing to co-operate.

#### EDUCATIONAL WORK, SUPERVISION AND INSPECTION

1. The Women's Institute Branch will have a staff member visit every group participating, as early in the season as possible.
2. Where a Food Administration Section, Canadian Red Cross Corps is organized, members may be asked to co-operate in preparation, supervision and inspection of jam.
3. Each distributing centre should ask a household science graduate or otherwise qualified person to test all products. Local supervision needs to be undertaken by an experienced person. Stress should be placed on careful following directions. A thermometer is a valuable aid in attaining the right consistency.
4. Each supervisor will be provided with information concerning the preparation and judging of jam.
5. Due to poor keeping qualities and variable flavour, the following are not suitable for overseas shipment:

Cherry Jam

Apple Jam or combinations of apple with other fruits in jam.

Elderberry Jelly

Rhubarb or combinations of rhubarb with other fruits.

Red Currant Jam or combinations with other fruits.

Blueberry Jam or Jelly.

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