

(optional)

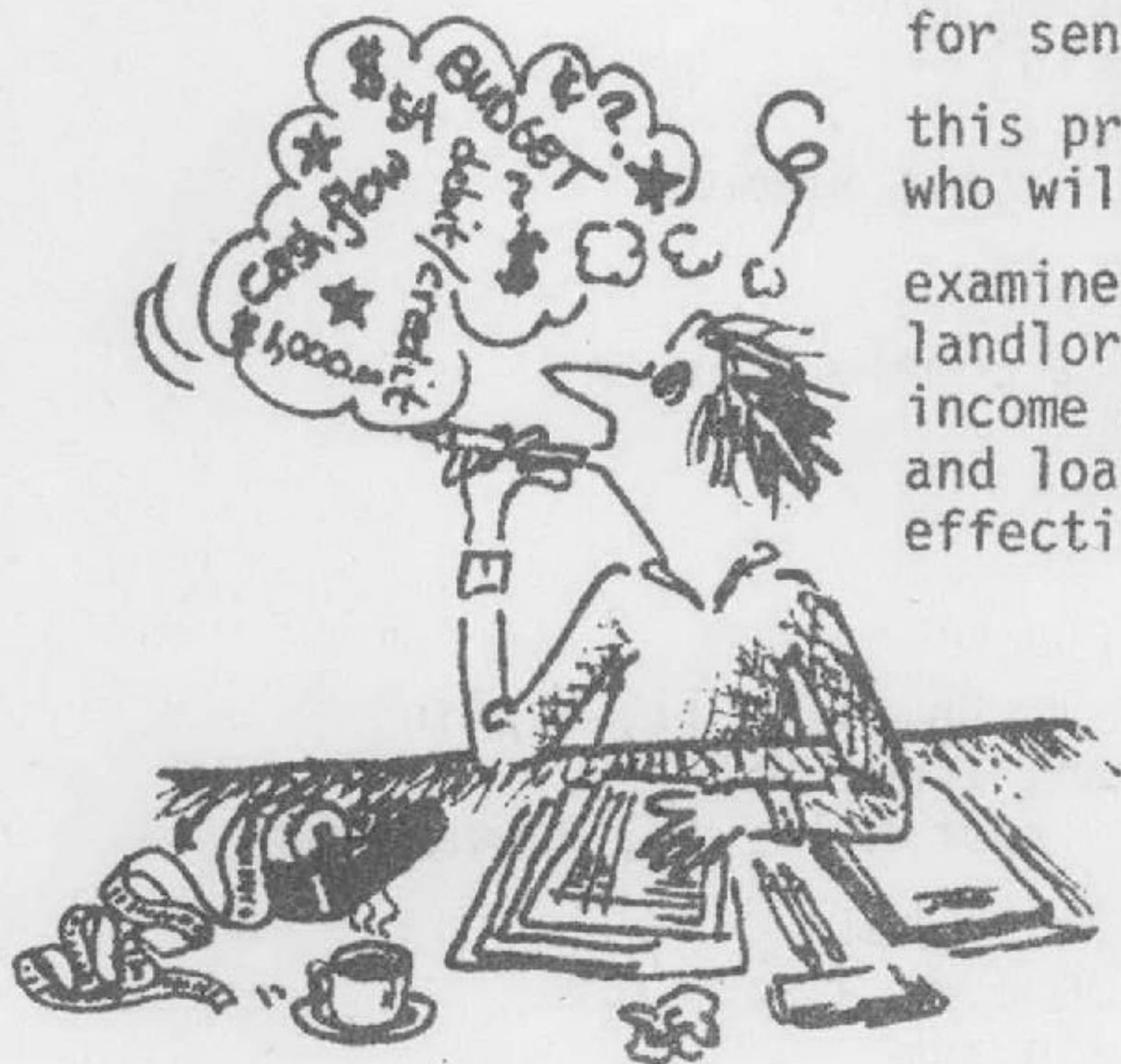
COMPUTER CLUB



you don't need a home computer to enjoy this one  
learn computer terminology, review a buying guide  
and develop your skills in problem flow charting

(optional)

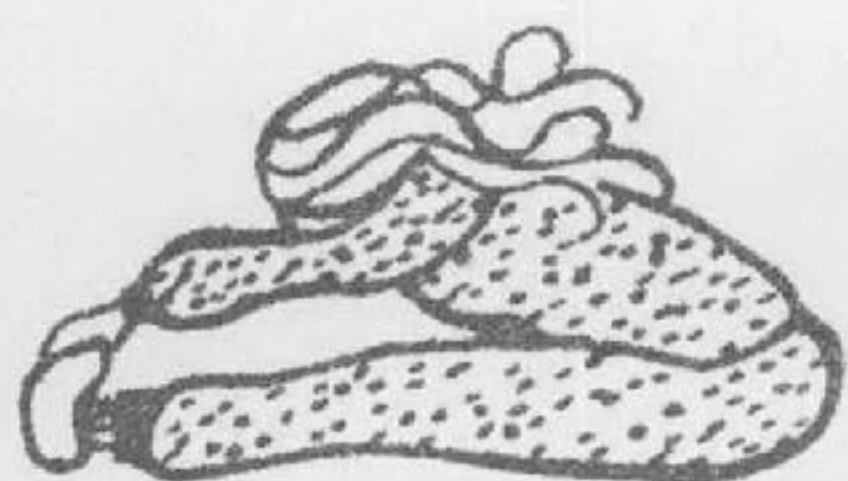
PERSONAL FINANCE



for senior members 16-21 years old  
this program was developed to help young people  
who will be living away from home  
examine topics like finding a place to live,  
landlord/tenant relations and choosing a roommate,  
income and expense statements, cash flows, credit  
and loans, consumer rights and how to complain  
effectively

Fall 1984

FITNESS FARE



food is the fuel for all exercise, eating the right  
kinds of food influences how you feel, look and  
perform  
examine the relationship between food and fitness  
by looking at your own eating habits  
learn safe techniques of weight control (not fad diets)  
and get involved in a personalized fitness program

ADULT PROGRAM

Short Courses: A NEW WAVE OF COOKING  
North Bay approx. 150 people



FAVORITES FROM THE FREEZER  
(by sponsorship only)  
North Bay Trout Mills WI approx. 30 people  
Redbridge Phelps WI approx. 18 people

Adult Workshop: MORE CENTS THAN DOLLARS  
economical and tasty meals for the family  
8 groups (3 WI)  
Summary Day Attendance

