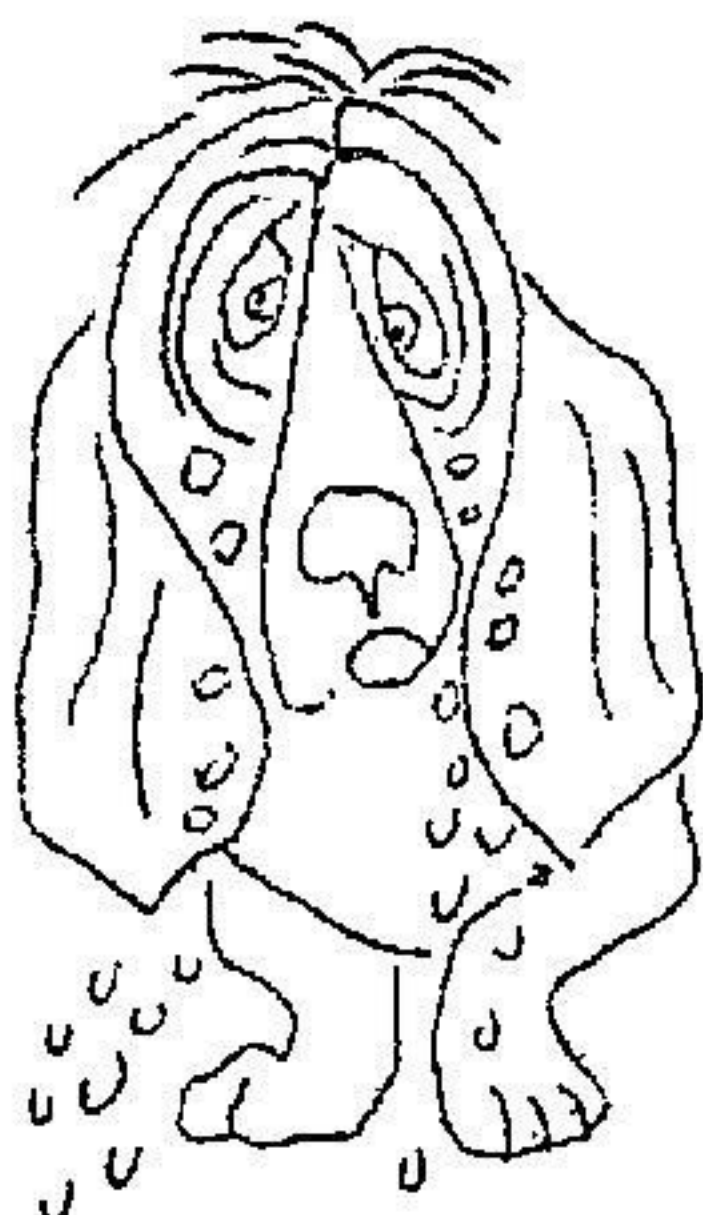
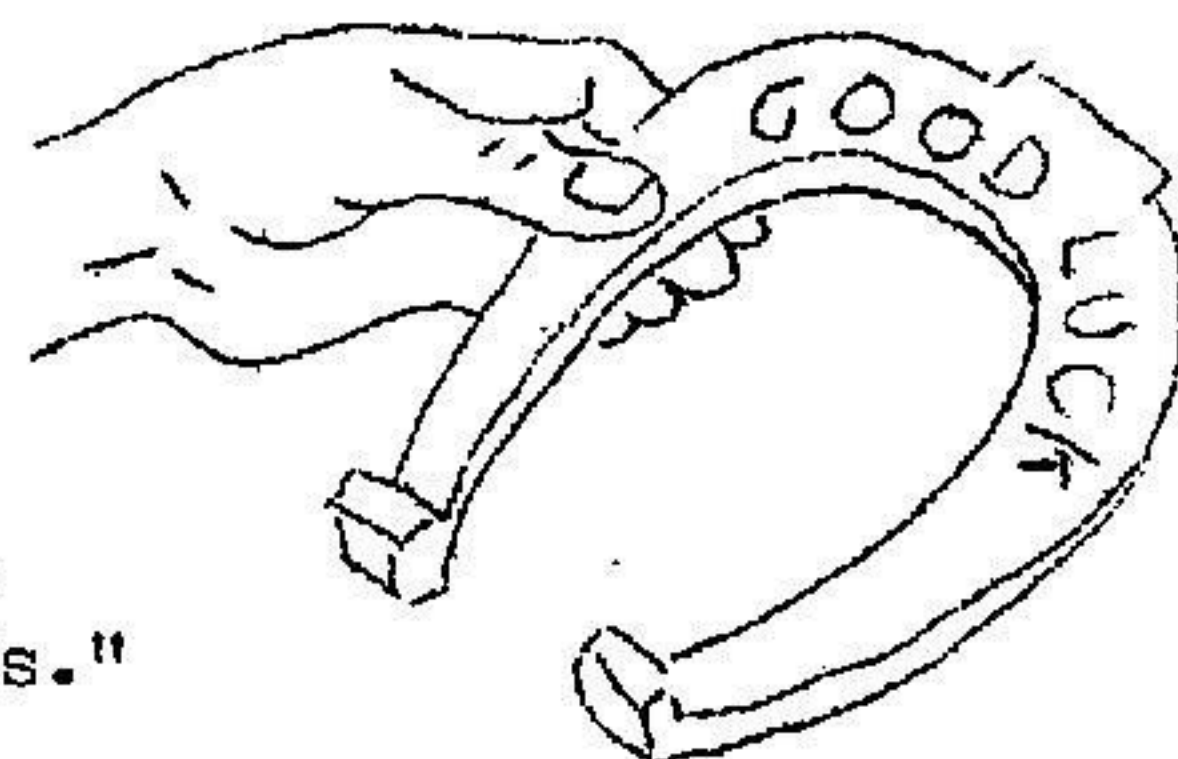


SUGAR AND SPICE



FRIENDSHIP

It is my joy in life to find
At every turning of the road,
The strong arms of a comrade kind,
To help me onward with my load;
And since I have no gold to give,
And love alone must make amends,
My daily prayer is while I live,—
"God make me worthy of my friends."



Now try this — PISTACHIO PINEAPPLE DESSERT

- 1 - 19oz. can crushed pineapple
- 1 pkg. (4 serving size) pistachio instant pudding
- 1 pkg. Dream Whip

In large bowl combine pineapple and pudding mix, stirring well, fold in whipped topping and pour over Graham Wafer crust in 8x8 pan.

Graham Wafer Crust :

- 1½ cups Graham wafer crumbs
 - 2 tblsp. sugar
 - ¼ cup melted butter
- Pat in pan, reserving a few crumbs to sprinkle over top.

The man had just informed the Pullman agent that he wanted a Pullman berth. "Upper or lower?" asked the agent. "What's the difference?" asked the man. "A difference of fifty cents in this case," replied the agent. "The lower is higher than the upper. The higher price is for the lower. If you want it lower you'll have to go higher. We sell the upper lower than the lower. In other words, the higher, the lower. Most people don't like the upper, although it is lower on account of its being higher. When you occupy an upper, you have to get up to go to bed and get down when you get up. You can have the lower if you pay higher. The upper is lower than the lower because it is higher. If you are willing to go higher, it will be lower."

But the poor man had fainted!!

Three years have so quickly gone by,
To do my best on Provincial Board I did try
It sure has been a pleasure to work with each of you
As we discussed recommendations, resolutions, lots of them too.
Our constitution we have studied and worked to update
With each section - and submission received, plenty of time to take --
We've pushed the Foundation Fund for the Erland Lee
So the home we proudly own, might self-sustaining be.
Now the time has come for me to say adieu
And I must say, I'm going to miss seeing all of you.

Vera Colenjo

