

The manuscript was ready for the printer, when an unfortunate fire wiped out my home and belongings, including the manuscript and all my books of reference. For some time, I was too busy to think of reproducing the manuscript. But, after holding classes among Clubs, Auxiliaries, Chapters, and Societies of every kind for the purpose of giving detailed instructions on the subject, I felt that there was a positive necessity for such a manual as I had before prepared. More especially did I feel this in connection with the new field for women opened up by the War. Accordingly, I have again prepared the little manual, and it is now offered to the women of Canada with the sincere hope that it may prove of real usefulness.

L. M. P.

Cochrane, Ontario,
November 15th, 1918.