Terry Rathwell is top OHS athlete

this year's outstanding athlete at Opeongo High School was just as successful in the classroom as he was in sports.

"He has the ability to balance academics and athletes," Mr. McTavish said of Terry Rathwell.

Terry becomes the latest in the succession of OHS athletes to receive the coveted award. He and others were honoured last Tuesday evening when the Opeongo Atheltic Association held its annual banquet.

While at Opeongo, the 18-year-old has played basketball, hockey, soccer and participated in the track and field program. Terry's an outstanding hockey player and has earned an American scholarship in the sport.

Beth Handford had the pleasure of presenting the award to Opeongo's all-round athletes and this year's recipients were Sandra Laundry, Ted Wren and Wilf Kenny. Mrs. Handford said Sandra was a true sportswoman who exemplifies all the best in an athlete. She was active in athletics at Opeongo playing basketball, volleyball, badminton and track and field.

Ted and Wilf also competed in several events including cross-country running, basketball, track and field and soccer.

"They're a very good example for all young athletes to aspire to," Mrs. Handford said.

Shelley Welk is graduating from Opeongo later on this month and her years at the school have been anything but dull.

One presenter wondered how Shelley found the time to get involved in all of the activities she did. They not only included sports but other endeavours such as student council on which she served as president this past year.

Thus, it's not hard to figure out why Shelley earned the OAA's Participation award which was presented to her by Jim Ferguson.

As president of the OAA in 1985-86, Dianne Huckabone drew praise for her work, which also details organizing the annual banquet. She received the Athletic Leadership Award is so important.

In presenting the trophy that bears his name, Brad McTavish noted that which was earned by Susan Hobden which was earned by Susan Hobden and Derek Sell. Susan plays basketball, volleyball and runs track at school while Derek plays on the football team, and participates in basketball and track.

Each year, OHS sends two students to Ontario Athletic Leadership Camp. Rachel Valiquette and Kent Brown are going in '86.

"It's been a pleasure to have these people at Opeongo," said Mr. Ferguson referring to the recipients of athletic letters.

Receiving 'big O's' were Ted Wren, Wilf Kenny, Terry Rathwell, Shelley Welk, Sandra Laundry and Kathleen O'Grady while getting 'little o's' were Leanne Enright, Kim Schultz and Colleen Keller.

A special OAA award presented by president Huckabone to retiring principal Don Whillans for the support he's given association over the years.



Don Whillans, who is retiring as OHS principal at the end of the current school year, has supported athletes at the school since it was opened nearly 19 years ago. For his efforts he received a special award from the OAA which was presented by association president Dianne Huckabone.

Most valuable, improved awards

Athletic award banquets provide coaches with the opportunity to give a brief outline of their season and to introduce the team members to the audience.

It is also a time when Most Valuable Player (MVP) and Most Improved Player (MIP) awards are given to deserving players. The awards are either selected by the players or coaches.

Cross Country Welk, Kathleen McHale; Most Improved: Michelle MVP-Pat Lafont, Scott Bell; MIP-Mike Fulcher. Kenny; Midget Boys: MVP-Bill Laundry, MIP-Joe

ston Caldwell. Football MVP—David Bulmer; MIP—David Lewis; Best Defensive Player-David Bulmer; Best Lineman-Murray Gallagher.

Basketball Bantam Girls: MVP—Kathleen McHale; MIP—Andrea Reinke. Junior Girls: MVP-Lynda Buckwalt; MIP—Susan Hobden. Senior Girls: MVP—Sandra Laundry; MIP—Colleen Keller. Bantam Boys: MVP—Derek Sell; MIP—Mike Shover. Junior Boys: MVP-John Dellaire; Senior Boys: MVP-Ted Wren; MIP—Dale Yuke.

Volleyball Bantam Girls: MVP-Eric Warren; MIP-Christina McNab. Junior Girls: MVP-Kathleen McHale; Senior Keller.

Girls: MVP-Julie Dzupina; MIP-Rachel Valiquette. Junior Boys: MVP-Jerry Enright; Senior Boys: MVP-Shawn Hickey; Co-Ed: MVP-Sandra Laundry, Shawn Hickey.

Cheerleading

MVP—Tanya Kutschke.

Badminton Senior: MVP—Sandra Laundry, Allan Bruce; Midget Girls: MVP-Christina McNab; Junior Girls: MIP-Christel Miller. Junior: MVP-Brent McIntyre, MVP-Shelley Burwell; Senior Girls: MVP-Shelley Carson Dick; MIP-David Ilgert, Colleen Keller. Novice:

Soccer Kenny. Junior Boys: MVP—Bernard Kenny; MIP—Kent Junior: MVP—Graham Barrow; MIP—Kenny Bennett. Brown. Senior Boys: MVP—Terry Burwell; MIP—Win- Senior: MVP—Terry Rathwell; MIP—Trevor St. Pierre.

> Hockey MVP—Jerry McIntyre; MIP—Steven Agnew.

Midget Girls: MVP—Sandra Dick, Lynda Buckwalt. Junior Girls: MVP—Shelley Burwell. Senior Girls: MVP—Sherri Coulas. Most Improved—Susan Hobden, Kathleen Mottershead. Midget Boys: MVP-Bill Laundry. Junior Boys: MVP-Bernard Kenny. Senior Boys: MVP—Terry Burwell. Most Improved—David llgert and Stephen Buch:

Track and Field

Athletic Letters

Big O's: Ted Wren, Wilf Kenny, Terry Rathwell, Shelley Welk, Sandra Laundry, Kathleen O'Grady. Little O's: Leanne Enright, Kim Schultz, Colleen

Garth Gilligan is Opeongo's VP

There'll be a new top administrative team at Opeongo High School when the new school year commences in September.

Recently, Wilmer Matthews was named principal of OHS, filling the position vacated by Don Whillans who is retiring.

Last week, at its regular monthly meeting, the Renfrew County Board of Education announced that Garth Gilligan will become the fourth vice-principal in the school's history.

Jim Haskins, the VP at Opeongo during the past school year, is heading to Deep River where he will take over the principalship of

Mackenzie High School. Mr. Gilligan arrives at Opeongo High with varied experience in the educational field. His last position was as co-ordinator of the Rideau Pilot Project for General Studies in Ottawa, a post he held from 1984. For eight years prior to that he was the Administrative Assistant to the Superintendent of Program.

He has also taught at three high schools in the Nation's Capital starting in 1966 at Hillcrest, then Champlain and finally Nepean.