



Here are four of the individual students who won awards during graduation exercises at Ross Mineview Public School last week. In the front are Kerri and Traci Bennett who won the Cobden Civinette Club Citizenship Award. In the back are Shannon Helferty and Kathleen Mottershead. Shannon won the Queen's Line Women's Institute Leadership Award, while Kathleen won an RCBE Academic Medallion, and awards for her efforts in math, science and athletics.



Here are more award winning students from the 1985 graduating class at Ross Mineview Public School. In the back are: Kent Moore, winner top boy athlete and science honours; and Jeffrey Scott, the top boy in math. Seated are: Annette Palmer, the most improved student; and Linda Gallagher, the top French student and the recipient of the Dorothy McKibbin Memorial Award.

Opeongo High unbeatable

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The Renfrew County High School Cross-Country Championships have been held for 16 years and Opeongo High School has won the title eight times... in a row.

A combination of excellent coaching and a seemingly never-ending abundance of skilled runners have been winning formula for the Opeongo program through the years and the school prevailed again on Friday afternoon at the Renfrew Golf and Country Club.

Coaches Dan Quinn and Tom May guided the team through a tough day of competition. In the end, OHS withstood a stern challenge from Deep River's Mackenzie High School to retain the championship 74 points to 70. Fellowes High School was a distant third and Champlain High School finished fourth.

Opeongo won three divisions as its junior and senior girls teams and the senior boys squad bested the field.

The senior boys have an exceptionally strong team, with five of its runners finishing in the top six rungs.

Running down the chute first was Terry Burwell and he was followed by teammates Wilf Kenny who crossed the line in second and Winston Caldwell who was home in third. Two notches down was Ted Wren who placed fifth and right behind him was Don Stewart in sixth. It was Stewart's first race of the season.

Earning a seventh place finish in the race was Madawaska's Chris Serran while Paul Breault of OHS wound up 12th.

Susan Enright of Opeongo approaches the finishing chute in the Midget girls race at the County Cross-country Championships on Friday. Enright was 15th in the race which featured approximately 35 runners.

The junior girls team also dominated the top 10 in their race. Shelley Burwell continued to run very well finishing second. Kelly McHale followed Burwell in third and Michelle Kenny was fifth.

MV was in the thick of the race with Rebecca Leonard placing sixth. Erin O'Neil of Opeongo hit the chute in seventh and Rachel Valiquette was 10th.

In running to a first-place finish in their division, the senior girls had a very satisfying day with Shelley Welk setting the pace in fourth place. Kathleen McHale wasn't too far behind in sixth while Cindy O'Malley was ninth, Charlene Haley, 10th and Tanya Dale, 14th.

Overall, the junior boys team was second, but individually Bernard Kenny ran to victory. Placing seventh was Kent Brown. Brian O'Malley was 10th, Paul Saunders, 15th and Dan English, 17th.

The Midget boys were involved in a close race and were slotted into the third position. Bill Laundry was the top OHS runner here hitting the line in fourth spot. Occupying the 11th position was Joe Kenny while Pat McIntyre was 13th, Joe O'Malley, 15th, Kevin Gutoskie of Madawaska, 16th and the Green and Gold's Gord Wren, 17th.

Starting the afternoon off was the Midget girls event and at its conclusion Opeongo stood fourth. Christian McNabb completed the course in sixth spot, Susan Enright, 15th, Stephanie Dick, 19th, Debbie Bielawski of MV, 21st, and Celeste Dumoulin of OHS, 25th.

Valley Championships

A good test lies ahead for the local athletes as for the second year in a row, Opeongo is hosting the Ottawa Valley championship on Thursday at the Renfrew Golf Course.

More schools and competitors will be there so the meet is scheduled to get underway at noon.