

## **A—CONFERENCES**

### **CITIZENSHIP**

#### ***You And Your Citizenship***

This conference is planned to give rural women, through discussion, an opportunity to find their place in the development of a satisfying rural life.

*Time required:* One afternoon, 1.30 to 4.00 p.m.

#### ***Cultural Activities In Home And Community***

This conference is planned to suggest cultural activities which may be of help in developing a more abundant life in our rural communities and a deeper appreciation of the things near at hand.

*Time required:* One whole day, 10.00 a.m. to 4.00 p.m.

### **CLOTHING AND TEXTILES**

#### ***The Fabrics We Buy And Use***

The great variety of fibres, weaves and finishes in the fabrics of today confuses the buying problem. This conference is planned to help women increase their knowledge of fabrics and their use.

*Time required:* One whole day, 10.00 a.m. to 4.00 p.m.

#### ***Personality And Dress***

This conference is planned to help women select clothing to suit their personality and figure. It includes good grooming and the study of line, colour and texture as related to dress.

*Time required:* One whole day, 10.00 a.m. to 4.00 p.m.

### **FOOD AND NUTRITION**

#### ***Foods That Healthy Children Like***

Foods that children need for health are good to eat. These foods can be obtained in Ontario at moderate cost. Yet recent surveys show there is room for improvement in the kind of food that children eat. Women's Institutes can help to make the people of Ontario healthier by supporting a programme to improve the food habits of children.

Movies will be followed by a discussion of everyday problems in feeding children.

It will be necessary to hold this meeting in a building with electricity to operate the movie projector. Arrangements for darkening the room will also be necessary.

*Time required:* One afternoon, 1.30 to 4.00 p.m.