

"Ontario Fruit" Local Leaders  
Training School

November eighteen, that sunny bright day  
Found W. I. members all wending their way  
To the spacious home of Ina DeYonge  
And prepared to stay until the last dog was hung.

Audrey and Alice, Ontario Fruit Leaders  
Came to instruct us. (We're all good eaters)  
Audrey showed us the difference in three grades of fruit  
And said that in baking the low grade would suit.

Then they proceeded the meat loaf to make  
When they had finished it looked like a cake  
Then came a fruit platter with crisp lettuce cups  
Filled with cheese in the centre and other cut-ups.  
That salad was truly a sight to behold  
With two large platters so much fruit to hold  
Marg. Cornish with camera, a picture would shoot  
While Alice made sections of that one grapefruit.

With meat loaf, mulled cider, spiced peaches for lunch,  
Plus all we brought with us and salad to crunch  
Our Ina made tea for us fit for a king  
We all ate as though we should not leave one thing.

When they continued with our cooking Course  
They made apple strudel - with our help of course.  
Alice rolled pastry while Hazel peeled apple  
To enclose all that filling proved quite a hassle.

Audrey demonstrated for us coconut delight  
We scarce could wait until it cooked to taste a little bite.  
Her pumpkin muffins and bars were both proofs  
Our pumpkins don't always scare Hallowe'en spooks.

We talked about jellies and fancy desserts  
In layered parfaits, creams and fruited sherberts.  
We learned how to make many zesty fruit drinks  
To dress up our tables with frosted fruit tricks.

Our leaders explained about Summary Day  
Before to our homes we wended our way  
Filled once more with food that we'd learned how to cook  
And clutching with firm grip our treasured cook book.

HONEYDALE W.I. 1971