Do not stand at my grave and weep
I am not there. I do not sleep.
I am a thousand winds that blow.
I am the diamond glints on snow.
I am the sun on ripened grain.
I am the gentle autumn rain.
When you awaken in the morning's hush
I am the swift uplifting rush
Of quiet birds in circled flight.
I am the soft stars that shine at night.
Do not stand at my grave and cry,
I am not there. I did not die.
Mary Elizabeth Frye

'Say not in grief "She is no more", but live in thankfulness that she was'.

MacCoubrey Funeral Home

Jean Day



September 2, 1936 - November 25, 2014

Beloved Wife Of John

Loving Mother Of Marvin (Penny), Marla (Barry) and Cheryl (Doug)

Predeceased By her sons Melvin and Clifford

Proud Grandmother Of Nathan, Adam, Matthew and Christopher

Great Grandmother Of Jeremy, Gracie, Evan and Reilly

Dearly Missed By her brothers and their wives and by many other family members

Fondly Remembered By many friends

In Memory Of

Shirley Jean Day

BORN September 2, 1936 Cramahe Township, Ontario

> DIED November 25, 2014 Cobourg, Ontario

MEMORIAL SERVICE November 29, 2014 at 1:00 pm MacCoubrey Funeral Home

> OFFICIATING Rev. David Lander

DONATIONS
Heart & Stroke Foundation