

BRIGHTON INDEPENDENT JULY 17/14

Brighton-Cramahe young professionals group launched

By Ray Yurkowski

News - Brighton - On the heels of similar groups being organized in neighbouring communities, last week, the Brighton-Cramahe Young Professionals (BCYP) held their first networking event.

Supported by the Brighton-Cramahe Chamber of Commerce, the group hopes to provide an opportunity to meet other young business leaders from the community to share ideas, get to know each other, help each other out and have some fun. Led by John Korotki, 2013 Quinte Business Achievement Awards young entrepreneur of the year, and local realtor Victoria Parker, it's open to young business professionals and entrepreneurs between the ages of 18 and 34 who either work or live in the Municipality of Brighton or Cramahe Township.

"Essentially, it's a start-up group to allow young professionals to network with each other," said Korotki. "Sometimes young professionals get lost in the large age group of professionals in the area. We want to develop a group that will continue to grow and provide networking opportunities and peer assistance."

"There are a lot of young professionals who are operating a business of their own," says Chamber manager Sherry Hamilton. "They realize the flexibility and freedom it gives them to



From the left, John Korotki, Hayley Chapman, Kimberly Cheer, Sherry Hamilton and Victoria Parker raise a glass to toast the first networking event for the Brighton-Cramahe Young Professionals. Photo: Ray Yurkowski

create their own future. That's what keeps them going and we're here to support that. We think there's lots of space for the young entrepreneur. "It's a growing group. You're seeing more and more young people consider self-employment."

"What we're trying to do is support our youth in developing a professional life," she added. "I think there are mentorship opportunities and if we can help them learn more about the business world, that's good for the whole community."

A recent survey, conducted by Angus Reid, cording to Statistics Canada, in 2011, almost

two-thirds (64.7 per cent) of young adults ages 25 to 34 had a trades certificate, university degree or graduated from college.

A second BCYP networking event is scheduled from 7-9 p.m. on August 12 at

Dougall's Restaurant, 75 Harbour Street in Brighton. If you would like to find out more about the Brighton-Cramahe Young Professionals, you can call the Chamber office at 613-475-2775 or find them on Facebook.

Kickoff for free community lunches in Warkworth

By John Campbell

News - Warkworth - The first of six free community lunches was held last week at The Gathering Place, with dozens of people turning out to enjoy good food and good company.

"This is marvellous, I hope everybody in the community gets involved," enthused Sylvie Stephens, after making her selections from a table laden with fresh fruit and vegetables, salads, and pastries.

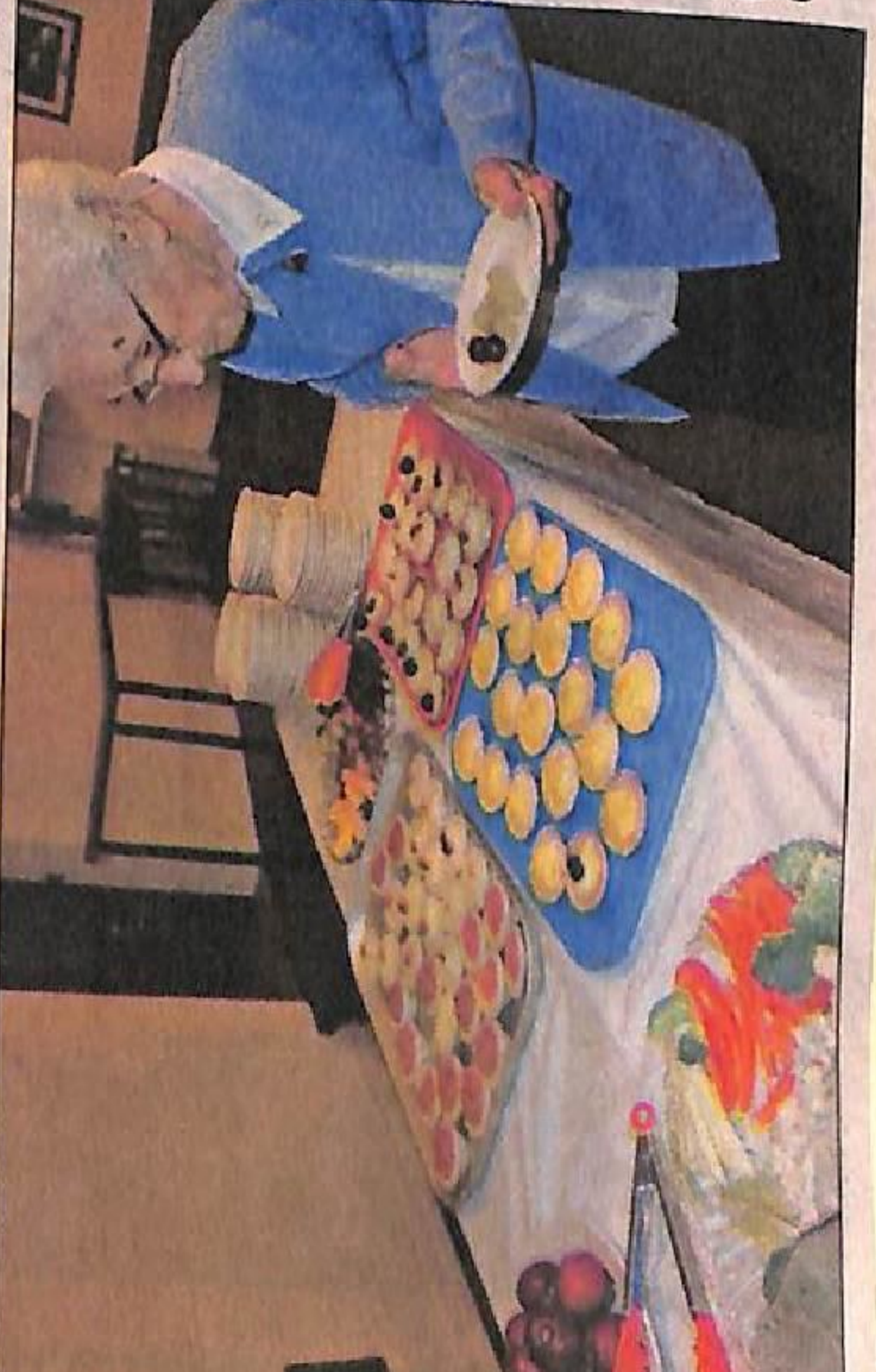
The meal prepared by volunteers was made possible with the support of The Abundance Project, United Way Northumberland, Warkworth Free Methodists, St. Paul's United Church (where the lunch was held), Haliburton, Kawartha, Pine Ridge District Health Unit and New Horizons for Seniors Program.

The idea for the lunches came about through the Action for

Community Change initiative, spearheaded by United Way Northumberland, one of four United Ways that together received \$400,000 in funding from the Ontario Trillium Foundation. A series of "community conversations" was held over an 18-month period across Northumberland County, to get a "good gauge" from people about what they'd like their communities to aspire to and the barriers they face, United Way executive director Lynda Kay echoed by Pat Stuckless, a public health food worker with the health unit.

"It can be good information sharing as well," Kay added, as people, in talking to each other, learn about community services that are available and how to access them. The Abundance Project got involved because one of its mandates is "to bring people together

to choose from at the inaugural Warkworth Community Lunch held July 7. The meals came about through the Action for Community Change initiative, spearheaded by United Way Northumberland. They will be held monthly at The Gathering Place. Photo: John Campbell



Hefty Saison had plenty of pastries to choose from at the inaugural Warkworth Community Lunch held July 7. The meals came about through the Action for Community Change initiative, spearheaded by United Way Northumberland. They will be held monthly at The Gathering Place. Photo: John Campbell

nity Pantry (the local food bank), around food; there's a big social aspect to it really," co-ordinator David Lyon said.

Stuckless said the lunch was prepared to be "as healthy as possible," by using less sodium and fats, and not putting butter on the table.

Organizers were "really forgoing to pay a charge, Stuckless said. The event will be repeated August 11, September 8, October 6, November 3 and December 1, all at The Gathering Place in St. Paul's. Coffee and tea is served from 11 a.m. to lunch at noon.



Zealand, Raymond Neal - Suddenly at his home in Colborne on Wednesday July 16, 2014 in his 65th year. Beloved father of Kate (Chris), Steven (Christine) and the late Ryan. Proud grandfather to Aiden and Reid. Loving son of Merle (the late Ross). Cherished brother of David. In memory of Ray donations may be made to the Heart and Stroke Foundation. Condolences received at www.MacCoubrey.com

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