



VALERIE MACDONALD Northumberland Today

Chef Christopher Ennew and spa executive assistant Tina Abernethy are behind the new Ste. Anne's Bakery, which features gluten-free and dairy-free foods and meals to go.

PORTHAIN & EARLE AD

FOOD BY

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# Ste. Anne's Bakery opens to the public

VALERIE MACDONALD  
Northumberland Today

GRAFTON — The nationally acclaimed, family-owned Ste. Anne's Spa near Grafton has added a new service for not only its guests but anyone who would like to acquire gluten- and dairy-free products.

The new bakery is located at 252 Academy Hill Rd. not far from Ste. Anne's, says spokesperson Mario Cuertier. There was a quiet opening on July 19 to introduce the baker to the inn's guests and the immediate community, she added. Now that Ste. Anne's Bakery has been up and running for a few weeks the inn is letting more people now about it.

Open Saturdays and Sundays (11 a.m. to 7 p.m.), with the intent to be open daily, there is a large product list to choose from already, including freshly baked breads, scones and baguettes, as well as such sweets as muffins,

tarts and eclairs.

This choice of foods will be expanded in the next few weeks to include take-home meals like organic burgers and lasagne, Cuertier said. These dishes will contain hormone- and antibiotic-free beef raised on the inn's property.

Tina Abernethy, executive assistant to the spa manager, spearheaded the initiative, Cuertier said after the need became apparent.

A number of spa staff and guests have required foods free of gluten and dairy, and for the past several years the foods have been available through Ste. Anne Spa's dining room menu and high teas.

"We decided to expand on that," and the decision was made to convert an entire nearby building into the specialty bakery and outlet to the public, Cuertier said.

Executive chef Christopher Ennew, who has firsthand expe-

rience preparing gluten-free

meals, has worked with Ste. Anne's property director Jake O'Connor to develop a wide array of gluten-free products which are now served daily at the Inn and valuable at Ste. Anne's Bakery, states a media release. The outlet will also have products from local farms, unique gifts and gourmet items.

"The bakery is another way for guests to take a piece of Ste. Anne's home with them and share the experience with their families," the release also states.

Ennew is very conscious of using local foods and several years ago, in conjunction with the inn, published a cookbook containing recipes on his menu.

For the sixth year in row, Ste. Anne's has been identified as Spafinder Reader's Choice and among the top 25 hotels in Canada.

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## POLICE BRIEFS

### Cemetery vandalized in Alnwick Haldimand Township

ALNWICK HALDIMAND -- Tombstones were moved and damaged at the Bowman Pioneer Cemetery recently.

The OPP reported that during the weekend of Aug. 11 several tombstones were damaged at the cemetery on Bowman Road in Alnwick Haldimand Town-

ship, including a homemade memorial cross.

The OPP also noted that a concrete plot marker was reported missing.

The OPP is continuing to investigate and would like to encourage anyone who may have any information about this crime to contact them at 1-888-310-1122. Should a person wish to remain anonymous they can contact Crime Stoppers at 1800-222-8477.

### Bowmanville man charged following Colborne Tim Hortons' disturbance

COLBORNE -- A man faces public intoxication and stolen property charges following an incident at Colborne's Tim Hortons' Sunday morning.

Police were called to the Tim Hortons'

parking lot around 1:50 a.m. Aug. 12. According to OPP, witnesses said a man threw coffee and food inside the Tim Hortons, went outside and urinated in front of a mother and child, then got into a physical altercation with another man.

Travis Pepper, age 18 of Bowmanville is charged with possession of property obtained by crime, being intoxicated in a public place and consuming liquor while under 19 years of age. He is to appear in a Brighton court.