

Women's health issues topic at White meeting

The monthly meeting of White School Women's Institute was held March 18th at Humphy House in Warkworth.

Nineteen members, four visitors and a guest speaker were present. The four visitors were Helen Perry, Elizabeth Armstrong, Shirley Moore and Carole LaPointe.

Maureen Dikun was guest speaker. A nurse since 1955, Mrs. Dikun spoke on women's health issues, mainly dealing with heart attacks and strokes. She told the members how to care for their heart and pointed out that smoking is a major problem. She was thanked for coming to talk to the members on such a bad day.

Maureen was introduced by Muriel Nichols and thanked by Earline Armstrong.

Following the Opening Ode and Mary Stewart Collect, the roll call "a household hint" was answered by all present.

The secretary's report was read by Joyce Glover and Mary Weiland gave the treasurer's report.

Agnes Meneilly handed in some more knitted items and we voted to give them to the Salvation Army in Campbellford.

Correspondence saw a thank you note from Marg

Cross and a thank you from the Northumberland Music Festival.

Helen Perry won the mystery draw. What a good way to get you out in April!

On April 15th the membership will meet at Muriel Nichols' home at 12 noon for dinner, a meeting and a silent auction. Please remember the Silent Auction. We are low in the money department and need everyone to help out. See you in April! (Submitted by Earline Armstrong).

Correction

In the March 21st edition of the Campbellford Courier, there were two errors in the report on the Rylstone Women's Institute. In reference to Margaret Crothers, she should have been described as chairperson of the Campbellford/Seymour Heritage Society archives. In the reference to Barb Sampson-Willis, it should be noted that she is to hold a four-part course on genealogy each Tuesday in May from 7 to 9 p.m.

Something we should know about!
Give us a call!

PhoneBusters program one of many Womens' Institute projects

A mother in Stoney Creek, who was distraught over the death of her child due to contaminated milk, invited friends to a meeting concerning community problems.

This assembly 100 years ago was the beginning of the Womens Institute.

Today there are nine Womens Institute branches in the Northumberland East district. They are: Castleton, Codrington, Community, Mapleview, Seymour East, Seymour West, White's School, Wooler and York Road.

Castleton WI is pleased to welcome women to their meetings, held on the second Wednesday of every month, except in July and August.

They welcome and need members. For more information about the Castleton WI contact Joyce Murray, 905-344-7338 or Ruth Harren at 905-344-7735.

Community WI held their annual meeting on April 7. New president Laura Haferkorn hopes to increase their membership of 34 to 50 during her term

in office.

Codrington WI held their annual dinner and meeting on April 14. A new executive was sworn in for the 1999-2000.

Their annual plant auction is set for May 12 at 7:30 pm. at the Codrington Rec Centre. Neighbouring WI members are invited. Please bring plants that are well labelled. Come on out and enjoy an evening of auctioneer's Jim Nelson's entertaining ways.

The next Codrington WI meeting is on June 9 at 7:30 pm. at the Rec Centre, which is their regular meeting hall.

York Road WI meets the third Monday of the month, at a member's home, usually at 7:30 pm. However, the May 17 meeting will be a tour of Cedar Valley Gardens at 7 pm. For more information contact President Edith Ploegman at 613-394-2885 or Secretary Grace Humfries at 613-475-1257.

Seymour East WI held their April meeting at Riverview Restaurant on April 8. After a lovely lunch, the members were delighted

to hear from Rotary exchange student Dan Oyoque.

Oyoque is 17 and hails from Leon, in Guanajuato, Mexico. He talked about his country and how it is different from Canada.

Members asked many interesting questions and were impressed with his ability to articulate the English language.

The area WI members are now taking an active role in promoting PhoneBusters, conducted by Sgt. Barry Elliott.

Meetings will be held May 19 at the Brighton Community Care office from 1-4 pm and again beginning at 7 pm in the Christian Education Centre at St. Paul's United Church in Warkworth.

Once again White School WI will host their annual pie sale on June 19 from 10 am at Glovers Driving Range across from the Warkworth Golf Course on County Road 29.

The Independent thanks Womens Institute members for providing this monthly summary of current activities.

BRIGHTON INDEPENDENT

A regular WI meeting ... but with heart March 7/98

by Elsie Postma

Codrington - Hearts were overflowing with warmth and love as the Codrington Women's Institute met on Wednesday, February 11.

Our luncheon was set out on a table decorated with Valentine items and we ate "heart"-ily from all the delectable treats. "Heart"-ful thanks go to hostesses Andrea and Barb.

We began our meeting with O Canada followed by Roll Call - "Show and Tell" (Talent Time). Many of our ladies are involved in quilting and a number of them had brought a variety of items already quilted or ready to be quilted (some with the help of Willa McCann). Quilted oven mitts were a specialty shown by Lorna Barron, and maybe in the future, we will have a whole day workshop making these. A new song was taught amidst much laughter. Photos taken and developed through Loyalist's Print Journalism were passed around. Other items of interest included knitting, crocheting, embroidery, silk flowers, baking and our very own tartan pin-holder available to each member

for \$3. What a diverse group of women we have and such talent! Wow! Two draws were held and our winners were Cathy McCann and Chris McCartney.

Women's Institute's Conference '98 will be held at Loyalist College on July 3, 4 and 5. The theme is "Today's Family Shaping Tomorrow's World." There are many interesting tours planned as well as fund workshops and programs. Please get in touch with your local Women's Institute group.

Pitch-In Canada Week is being held from May 4 to 10. Our own WI group will take on this project in our area.

A Fashion Show is to take place at Codrington Hall on May 6 at 7 p.m. Mark this date on your calendar. More news will be forthcoming.

Our next meeting will be held Wednesday, March 11. We will have a Registered Nurse from the Public Health Unit speak to us about osteoporosis. Roll call - Your greatest health concern. Please join us as this promises to be an excellent meeting.