

**Date: May 21, 2010**

**Place: Brooksdale church**

*(924044 Road 92)*

**Time: 6:30 pm to 8:30pm**

**Cost: \$20.00**

*Ladies, this evening of food and entertainment has been planned for you by the Brooksdale Women's Institute. It's an opportunity to meet other young women of your community and relax with good food, prepared right before your eyes. 'Take time for you'.*

*The 'Screaming Avocado' was selected because it inspires young people to connect with real food and to change the way they eat. It gives you an opportunity to experience what is available at Northwestern Secondary School, Stratford, right here in Brooksdale.*

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**Please RSVP by May 12**

*Seating is limited*