



Jeff Timmermans

'Miles' cyclist speaks at Brooksdale WI

By LAURA GREEN
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To celebrate the arrival of spring, the Brooksdale Women's Institute hosted a Community Family Supper, which was held on April 1 at the St. Andrews United Church in Brooksdale. Committee members decided to let Swiss Chalet of Stratford prepare the meals and everyone made their own ice cream sundaes.

Jeff Timmermans, Stratford gave an emotional prelude to his presentation of his journey across Canada titled "Miles for Memories."

May 23, 2003, was day one of his 8,300 km journey across the nation with his bicycle to create awareness about Alzheimer's, which his wife suffers from.

Every slide had its own story to tell - like his collection of provincial licence plates.

He concluded his presentation with the statement, "I travel the country and discovered that we live in paradise."

Anne Innes thanked Jeff for his pictorial presentation of his journey and for inspiring the audience to achieve personal goals large or small.