



**IMPORTANT PANEL:** A panel presentation provided information on prevention, early detection and support for breast, cervical, ovarian and prostate cancer at the recent R.O.S.E. program held at St. Paul's Presbyterian Church in Ingersoll. Oxford District Women's Institute hosted the event in partnership with the Oxford County Board of Health, the Oxford branch of the Canadian Cancer Society, Breast Health Oxford and the Zonta Club of Woodstock. Panel members were Judy DeBoeck, public health nurse, Carol Innes moderator, Laura Horton - Oxford Branch of Canadian Cancer Society, Sheila Densham - Ontario Breast Screening program and Sandy Greason - breast cancer survivor. (Laura Green photo)

## ROSE session on cancer

By LAURA GREEN  
For The Ingersoll Times

Cancer (Breast, Cervical, Ovarian and Prostate) was the theme of a recent R.O.S.E. - Rural Ontario Sharing Education program.

The session at St. Paul's Presbyterian Church recently was hosted by Oxford District Women's Institute in partnership with Oxford County Public Health, the Oxford Branch of the Canadian Cancer Society and Breast Health Oxford- Zonta Club of Woodstock.

The Federated Women's Institutes of Ontario who have partnered with many health organizations to promote education in rural Ontario in the area of health started the R.O.S.E. program.

Information was given on cancer prevention, early detection and support by the panel presentation, community agency displays and resource staff.

Members of panel presentation were Judy DeBoeck - Oxford County Board of Health spoke on cervical cancer and stress the importance

of the pap test, Laura Horton of the Oxford Branch of the Canadian Cancer Society spoke on prostate cancer and also stress early detection, Sheila Densham-Ontario Breast screening program stressed the importance of having a mammogram starting at the age of 50, Sandy Greason, breast cancer survivor told of her 2003 journey and she felt that having a mentor was very important, Carol Innes - moderator gave some information of ovarian cancer.