

**MARCH 22 - Schroedter's Farm Market**

11:30 am

ACTIVITY: 11:30 am - 12:30 pm

Short workshop about gluten free specialty foods with Suzanne Schroedter.

LUNCH: 12:30 pm

Tasty lunch at Schroedter's \$10.00

Joyce Brown hosting.

ROLL CALL: What surprised you most about gluten free foods and /or diets?

Business Meeting 1:30 - 2:30 pm



## Hillier WI experiences busy, fun month of March

By Rebecca MacKellar

The next Hillier WI meeting, which takes place in the Hillier Hall at 1 p.m. on April 19th is our general meeting, so ladies get your thinking hats on and come up with some wonderful ideas for the coming year's programme. Lee Ann, Joyce and Lorena are the hostesses.

What a busy but fun month March has been. On March 15th, we held our annual Spring Supper and Fun Auction night. The meal as usual was second to none and the entertainment at the auction had us all laughing very hard. This is our main fundraiser for the community, so everyone gains.

Thanks to Nina who did a great organizing job; also

thanks to her team of willing workers.

The meeting on March 22nd with around 23 members was held at Schroedter's Farm Market. We had a delightful lunch. Suzanne Schroedter who owns and runs this establishment, gave a very interesting and informative talk on the cooking, preparation

and presenting of organic food.

We had no idea how much work went into this kind of cooking; as special flour and other ingredients cannot become contaminated with any other food ingredients.

We sat down to a very

See **WI** page RE/13

### WI from page RE/12

enjoyable lunch and were pleasantly surprised at the wonderful taste of (which was for most of us) our first try at organic gluten free food.

Thank you Suzanne for the afternoon and we will highly recommend your tea-room.

At our meeting which started at 2 p.m., we were informed that our tap water is so pure there is no need to buy bottled water

according to a report one of the members listened to.

Membership fees are now due; they are being held at \$21 for this coming year, the deficit being covered by the WI.

Remember your volunteer hours and please bring them with you next month. To be included in your hours are your travelling time, telephone call times and any preparing of food, set up times, in fact any hours dealing with WI work. *GIZELLES 66-64-67*

