



through many editions, sold not only to members but to men who hurry home from their offices to adjust their air-locks and gloat over the dandelions and parsnips happily fermenting in the corner of the sitting-room. Jams and jellies, pickles and home-made bread, game-pies and farmhouse cakes—on these wholesome foundations much of the reputa-

tion of the Women's Institute movement is built, and in these days of the Great Freeze and tasteless food, who would decry such a contribution to the happy and healthy life of the nation's families?

*Above - Inside the market.*

*Right - All the family bring supplies to a W.I. market.*