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BARB MILLER DELIVERS PAPERS ON AMHERST ISLAND.



## Amherst Island man to cross nation for a cue

## Trek will fight multiple sclerosis

By Jordan Press Whig-Standard Staff Writer

ILL ADAM ISN'T THINKING ABOUT the future - he's thinking about right now.

Yes, he says, it's nice that people raise money to find cures for diseases, but what about helping people already

His mother has had multiple sclerosis, a debilitating disease of the central nervous system, for the past 13 years.

"Seeing somebody deteriorate is sad," the 25-year-old said. "Who knows when we're going to find a cure? The people living with it now may not be around when we find a cure."

So, he asks, why not make their days a little nicer and give them and their families a bit of help?

When he wakes up May 1, the Amherst Island resident will watch the flag rise over the waters of Glace Bay on Cape Breton Island, then start pedalling toward his goal: \$10,000 and making it to Vancouver Island.

"Like most people, I want to help out and I had the chance," Adam says.

Adam will ride from ocean to ocean

## How to donate

Those wishing to donate can contact the local chapter of the Multiple Sclerosis Society of Canada (613-384-8500) and say the donation is for Will's Ride.

on nothing more than his bicycle and his heart. The trip, he says, should take him about four months, but could last

Money raised from the ride will go to ease the burden on those suffering from MS and their families.

Adam will carry just enough money to cover repairs to his bike and order food along the way. To cut costs, he will forgo hotels. Nor will he travel with a team. Instead, he will ride with a small trailer attached to the back of his mountain bike and sleep in his tent.

"I'm roughing it out," says Adam.

However, he's working on getting a cellphone to keep in touch with family and friends along the way.

Born into a military famil monton, Adam lived at CFB Cormallis, N.S., before settling in at CFB Kingston.

Adam says his mother is excited, but cautious, about his expedition. "She thinks it's wonderful, but she thinks it's a little crazy," Adam says.

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