

Mrs. Green began with a tribute to
Woman's Institutes such a great organization
and doing such a wonderful work
she recommended the sewing classes, 1.00 for
Institute members 1.50 for others & cooking classes
she told an anecdote of a man crossing the ocean
he took Biscuit & cheese so that it would not coat
him anything for bread, at last the smell of the cooking
got too much for him & he asked the purser what
it would cost if he had dinner he said let me
see your ticket, why it calls for bread & fed for
the whole passage, my opportunity was often like
that we did not embrace them unless in case
the spoke of one place where they would not organize
another topic was saving food, some said they could
not get their family to eat left overs, one had mixed
fish & chicken & two eggs & water & baked it & his one
would eat it, Lord George said he was more
afraid of the German woman's conservation than of
the soldiers, spoke of drying vegetables & fruit
a drying rack with three shelves one above the other
to dip apples in 2 quart water & 2 teaspoons salt
kept them from coloring, she spoke of her visit to
Halifax and how it impressed her
spoke of conservation of life how the little foreigners
were gathered in Toronto & taught how to cook & how
to bathe & dress & feed a baby a big doll being used
of the inspection of schools & how much good it
was doing, sight, teeth, adenoids etc of how many
men were found physically unfit now because
they had not been looked after when young
about 45 percent