## PURPLE VALLEY and DISTRICT

(By Mrs. Jack Urbshott)
DISTRICT PRESIDENT
GUEST SPEAKER AT W.I.

Mrs. Norman Reid of Oxenden Bruce North District President, was guest speaker at the May meeting of the Purple Valley Women Institute held recently at the W.I. hall.

Mrs. Reid chose Friendliness as her topic, stressing the many ways we can be more friendly and helpful to each other. She also pointed out that children are not naturally prejudiced, parents teach them to be. Mrs. Reid read an appropriate poem The Women Institute Garden.

Mrs. George McCartney ananounced that the Purple Valley 4-H Homemaking Club have been invited to set up their exhibit from Achievement Day at the District Annual on May 15th. It was decided that the Institute will pay for everyone's dinner who attends the district Annual representing Purple Valley.

A resolution from Lion's Head W.I. to be presented at the District Annual was voted on.

Mrs. Wm. Cook reported on the District Directors meeting held in April. Mrs. Cook was named alternate district director.

The new programs will be made up on May 21st. It was a sked that anyone with sugg estions for celbrating Purple Valley W.I. 35th Anniversary let the committee know before the programs are made up.

It was decided to look into the possibility of securing the Orange Hall and an orchestra for a dance on August 2nd.

A motion was passed to pay for a new 75 cup coffee maker and also the bill at Taylor Plumbing.

Everyone responded to the Roll Call "Something special about your mother".

Mrs. James Urbshott presided for the meeting and also read scripture.

Miss M. Patterson of Wiarton won the surprise box.

The hostess Mrs. Wm. Cook and her assistants served a bountiful lunch.

Mr and Mrs Allan Howe, Colpoy's Bay, and Mr and Mrs Hector Howe and family of Owen Sound were Sunday visitors with Mr and Mrs Jack Urbshott and family.

Miss Joy Pruder of Teronto spent the weekend with her parents, Mr and Mic Don Pruder.

Gary Coveney of Guelph visited Mr and Mrs Hector Coveney during the weekend.

Mr and Mrs Hector Coveney visited Mr James Kay in Owen Sound hospital and Mr and Mrs Louis Guse at Chatsworth recently.

Mr and Mrs Don Pruder visit Sunday evening with Mr and Mrs Charles Greig at Hope No

Mrs Charles Greig at Hope Ne Mr and Mrs Carman Caudle and family of Lion's Head spe Mother's Day with Mr and Mr Percy Howe and George.

Mr Percy Howe was a recent visitor at Goderich.

Mr and Mrs Lloyd Burt and boys visited Sunday evening with Mr and Mrs Clifford Gilbert.

Wm. McCartney of Owen Sound called on Howard Gilbert Sunday.

Mr and Mrs Ken Urbshott and family of Wiarton visited Sunday with Mr and Mrs James Urbshott.

Mr and Mrs Ed Vergoz of Flesherton spent the weekend with Mrs James McLean. Sunday visitors were Mr and Mrs Albert McLean and Sandra of Leith, Mr and Mrs John Miller and family of Wiarton South, and Mr and Mrs Earlby Foster of Lion's Head.

There was a good attendance at the Mother's Day service at the United Church here Sunday morning.

Mrs George McCartney attended a tea at Bruce Haven, Walkerton, recently.

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Mrs. Hector Coveney, Mrs. James Urbshott and Mrs. Jack Urbshott attended the Cape Croker United Church Women's meeting Monday evening at the home of Rev. Norma Secord.

Plans were discussed for the walkathan Saturday, June 7 at 8 a.m., from the Sideroad along the Lloyd Burt farm of Lion's Head Park, a distance of 15 miles.

It is estimated that 100 persons of the Cape Croker pastor. al charge which includes Cape Croker United Church and Purple Valley United Church, along with Rev. Mrs Secord will walk.

Walkers have been securing sponsors. The proceeds are for pastoral projects such as the church bus, the church buildiogs and other projects.

A barbecue will be held at the Lion's Head Park following the walk.

Walkathon from

In at the 4-H Achieve
In at the 4-H

Hepworth, Emmy McCartney of Purple Valley, Debbie Sutter of Oliphant, and Marilyn Sinclair of Purple Valley. Missing from the picture is Carol Brough from the Adamsville 4-H Club.

## 4-H Achievement Day Successful

A new 4-H Homemaking Club project, "The Third Meal", made available through the Home Economics Branch of the Ontario Department of Agriculture and Food, has been received with enthusiasm and interest throughout the past few months in Bruce County. Approximately 600 4-H Homemaking Club members in Bruce County have participated in this project, led by 120 leaders. The girls are taught to cultivate good food habits through planning, preparation and service of meals which are nourishing, appetizing and economical. They practiced including variety and new ideas in the third or "lighter" meal of the day as well as making plans for picnics, patio suppers, barbecues and Sunday suppers. In order to practice this they studied the variety of foods available on the market and prepared many recipes using as many different food-stuffs as possible. Each girl kept a Record Book and recorded a variety of recipes which she tried throughout the project.

In the Wiarton area, approximately 100 members participated in the 4-H Homemaking Club Achievement Day held on May 3rd at the Wiarton District High School. All members throughout the morning program took part in judging and giving oral reasons on carried lunches, completing menus to make a balanced diet and planning table settings for a special occasion. In the afternoon program, 11 clubs presented exhibits, demonstrations and skits on numerous topics relating to "The Third Meal".

Each member and leader who satisfactorily completed her project receives a sterling silver 5 o'clock spoon and after completing each two projects,

## Home economist change in Bruce

WALKERTON — Ann Patrick, a 1969 graduate of Macdonald Institute, University of Guelph, will replace Kathy Cowbrough, Bruce county Fome economist for the past three years. Miss Cowbrough, will leave for Africa at the end of June, to work with CUSO.

Miss Patrick has completed eight homemaking and nine agricultural club projects in her home club in Branchton, Wentworth County. She was also active in student council nd Canadian University Services while in Guelph.

the member receives a Certificate of Achievement.

One of the highlights of the afternoon program was the presentation of County and Provincial Honours to the winners of these prizes. Mrs. Norman Reid, Oxenden, President of Bruce North District Women's Institutes, presented the awards to girls who had completed 6 projects and received County Honours, and to girls who had completed 12 projects and received Provincial Honours.

County Honours were awarded to: Carol Brough, Adamsville Club; Janice Johnston, Allenford #2 Club; Karen Lemcke, Ferndale Club; Debbie Sutter, Oliphant Club; Emmy McCartney, Purple Valley Club; Marilyn Sinclair, Purple Valley Club; Kathy McCutcheon, Zion Amabel Club.

Provincial Honours were awarded to: Nancy Henderson, Allenford #1 Club; Kathy Wade, Allenford #1 Club; Lorna Lougheed, Ferndale Club; Katherine Sutter, Oliphant Club; Betty Ann Watson, Oliphant Club.

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