

Mrs Hoodless came later for the official organization the thirty five had swelled to one hundred ladies who together with Mr Erland Lee as chairman formed a "Womens Department of Domestic Economy" affiliated with the Farmers Institute. This name was later changed to the Women's Institute of Saltfleet Township in which Stoney Creek lies. Later still it took the name of the little village where the famous battle of 1812 was fought and where the great monument to the heroes of that time stands.

It may amaze those, who stop to think of the change in conditions over that 50 year period that the constitution drawn up then holds today with slight alterations. For that constitution was based on a deep understanding of the essential needs of the woman and the homemaker which change little with the changing years.

That constitution took no mean view of the scope of a homemaker's life. It considered that a woman must know something of household architecture and that she may speak with authority on sanitation even while she keeps also in mind the elements of art. She must know something of the nutritive and economic value of foods as well as how to cook them. That constitution even looked forward to the day of woman's responsibility in the work of preventive medicine to the share she must take in rearing healthy children for the state.

The Institutes which are now the Federated Womens Institutes of Canada have more than 100,000 members scattered through the ten provinces. Ontario leading with its fifty odd thousands. If they owe much to their advantageous birth, no less an element in their success has been the fact that their members have worked out their own salvation. They have read the constitution and then with their own brains and hands proceeded to put its precepts into effect. It is true that provincial governments have given small grants true that they have provided lecturers in cooking, dressmaking, hygiene, home nursing, millinery, dairying, gardening, and so on, as the membership has asked for them. But they themselves have bridged sometimes miles through deep