

# Kairshea Institute members meet in Lucknow

**KINLOSS KAIRSHEA INSTITUTE**  
On April 21, 13 members of the Institute gathered

at the Lucknow Town Hall at 10:30 a.m. for the annual meeting. The meeting opened with the

opening ode followed by the Mary Stewart Collect. June Gilchrist opened with a poem 'Women's

*Institute True'*. Ruth Langen read the scripture St. Luke 6:43 - 49. Alice Ritchie read the minutes of the March meeting which were approved. The correspondence and business were dealt with.

1,400 hours. Gladys Johnston installed the officers and the meeting closed with 'O Canada'.

Officers for 2005-2006 are president, June Gilchrist; vice-president, Irene Haldenby; secretary, Alice Ritchie; assistant secretary, Ann MacDougall; treasurer, Marion MacKinnon; assistant treasurer, Ruth Langen; public relations, Betty Hamilton; assistant public relations, Margaret Mowbray; district director, June Gilchrist; educational co-ordinator, Andrea Feeley; curator, Irene Haldenby; financial examiners, Alice Doelman, Karen Allen; branch director, R o e l y VanderKlippe; Andrea Feeley; sunshine committee, Sharon MacKenzie read the report from the program co-ordinator. The volunteer hours for the members were about

Following the lunch, the members held their annual meeting. Alice Ritchie was appointed secretary and read the minutes from the last year's meeting. Marion MacKinnon gave the treasurer's report. Muriel MacKenzie read the report from the program co-ordinator. The volunteer hours for the members were about

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## Karishea ladies heading to Blyth Festival

The Kairshea ladies met for their potluck supper meeting in the basement of the Lucknow Town Hall on June 23. There was a good turnout and they enjoyed the delicious food. The business meeting followed. The ladies were reminded of the

### *Karishea Institute*

by Betty Hamilton

Quilt, Quills and Bears show and sale which will be held at the International Centre in Mississauga from Sept. 16 - 18. 4-H Ontario will be celebrating its 90th anniversary on

July 9 and the institute decided to send a card of congratulations. After a short dis-

cussion, the members decided to send a donation of \$50 to the FWIO northern project in Labrador. July 28 is a spe-

cial day for the Kairshea ladies as they will be going as a group to the Blyth Theatre for the matinee *Powers and Gloria*. This play

was written by Keith Roulston. The meeting closed with a gift exchange for our sunshine sisters and the singing of *O Canada*.

## WI holds health, family program

Kinloss Kairshea WI held their health and family issues program on Nov 17 in the Lucknow Town Hall. WI grace was sung. A lovely lunch of soup and sandwiches prepared by directors Sharon and Ann MacDougall was enjoyed. President June Gilchrist welcomed 11 members and one guest and read a motto on life. She led in the opening ode and Mary Stewart Collect.

Alice Doelman read the scripture from Luke, chapter 1. Gladys Johnston introduced the guest speaker, Dawn Wolfe, a psychiatric nurse. She spoke on mental illness, saying that there is a stigma attached to people with mental illness. Statistics show that one in five people will have a major mental disorder that could happen to anyone.

Most psychiatric hospitals are now closed and many are sent to live in group homes. There have been many important people that have been troubled with mental illness. One example is Winston Churchill who suffered from manic depression. Depression is most treatable. She gave out

pamphlets on mental illnesses, depression and schizophrenia. The major challenge in the treatment of mental health is to get funding for the treatment required. Alice Doelman thanked Dawn for a very interesting and informative talk. Marion gave a report of the Lion's dinner catered on

Nov. 14. June Gilchrist was nominated for the District Women's Institute of Excellence Fair award. Members were reminded of the Christmas party to be held at the Anglican Parish Hall in December. Donna McBride gave the courtesies. The meeting closed with 'O Canada'.