

Institute work of interest *Nov 5/80*

President, Mrs Doris Humphries was delighted to welcome the presence of three visitors to the October meeting of the Castleford Women's Institute. Hostess for this month was Mrs Heather Humphries.

The roll call was answered with the ladies telling one item of interest about the Women's Institute that they would like the public to know. Do you know for instance that

— the Federated Women's Institutes of Ontario has an ongoing Scholarship programme here in other countries?

— they promote courses provided by the Home Economics Branch, Ontario Ministry of Agriculture & Food, on nutrition, clothing, home crafts and house furnishings?

— the Women's Institute has provided leadership for thousands of 4-H Homemaking Clubs & Senior Training School programmes?

— they have brought about with their resolutions to the government many improvements in society?

These are just a very few of their accomplishments. Before Women's Lib movement was even thought of, the Institute has given a voice to women that could be heard.

During the business portion of the meeting the November pot-luck supper was planned. Bonnechere Valley WI have been invited and Ms Jane Wilson, a local lawyer, will be guest speaker. Convenors for the evening are Mrs Lillian Lindsay, Mrs Heather Humphries and Mrs Margaret Ferguson.

The delegate to the Area Convention, Mrs Mae Craig, read her excellent report on the day she and Lillian Lindsay spent there. This year's theme was, "Responsible Freedom."

Mrs Humphries introduced guest speaker, Mrs Eva Mitchell the area president. The activities at the Area Convention and the resolutions that were voted on were a few of the many interesting highlights of Mrs Mitchell's talk. She reviewed the objectives and aims of the WI. It must adapt to modern times without losing sight of our original motto, "For Home and Contry"! The Institute is a world wide organization and changes for the better in society can be made if we

have the courage to strive for them.

Mrs Mae Craig presented a gift in appreciation to Mrs Mitchell and Mrs Humphries thanked her for her inspiring discourse.

Mrs Ina Humphries read an amusing article, "Save Me From Self-Improvement" and lead

everyone in three entertaining and fun-filled games.

The meeting was closed with the singing of "O Canada" and the Institute Grace. A delicious lunch prepared by Mrs Doris Ferguson and Mrs Margaret Ferguson was served by the hostesses and a social time enjoyed.

Mae Craig

Mary Ferguson

Heather Humphries

Doris Ferguson

Lillian Lindsay

Margaret Ferguson

Ina Humphries

