

Bervie WI

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At the October meeting of the Bervie Women's Institute, program convener Hazel Jean McLelland discussed the new health rules. Following the business meeting, Hanna Splettestoesser and Elsie Schuler served refreshments.

On Oct. 17, a tea was held to celebrate the

Bervie WI's 100th anniversary. Emily Bushell and Mildred Griffith were presented with pins for 60 years of service, by Wanita Holladay of Chesley. Various cakes were made and served by members during an enjoyable social time.

Members were invited to a tea on Oct. 25

as the Kinloss WI celebrated its 50th anniversary.

The next card party is 2 p.m. on Nov. 6 in Bervie; all are welcome. The next meeting is Nov. 7. The convener is Sandra MacDonald with the topic what you should know about osteoporosis.



Cake cutting

The Bervie WI celebrated its 100th anniversary with a special public tea Oct. 17. Cutting the cake to kick off the celebration were 60-year members Emily Bushell, left, and Mildred Griffith. (Kiel Edge photo)

Bervie WI

The Bervie WI met July 1 at the hall. President Virene Thompson gave a reading, *A Tribute To Canada*. The meeting opened with *O Canada*, the Ode and Mary Stewart Collect. Roll call, given by nine members and one visitor, was where do you like to walk?

The minutes for the May and June meetings were read and the financial report given. Correspondence was read. The health unit says a video is available for seniors on how

to stay on your feet. The *Connecting Link* newsletter was read; they are making a book on Christmas which they hope will be ready for the area convention in October. There is to be a quilt show in Barrie in 2007.

It was decided to put an entry in the group display at the Kincardine fall fair.

The guest speaker, Ev Craddock of Paisley, gave an interesting talk on Bruce County rail trails.

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area,

Bervie WI remember

Thirteen members of the Bervie Women's Institute met for their November meeting. After the usual opening, the roll call was what you wanted to know about osteoporosis.

Cards were signed for the community. Invitations to Virene Thompson's 80th birthday party were distributed. A report was given on the convention. The Gillies Hill institute presented a Rose program recently, which 134 members attended; they received a Trillium grant.

Program convener Sandra MacDonald had fitting readings for

Remembrance Day, naming local soldiers serving in the Second World War.

Sylvia Hasbury introduced guest speaker Eleanor Roppel, of Kincardine, who gave a lot of information about osteoporosis. She recommended lots of exercise, vitamin D and cod liver oil. After you reach 25 years, your bones start to decompose. One in four women and one in eight men show signs of the disease.

The meeting closed, and Norma Hartwick and Sylvia served a tasty lunch.

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President Virene Thompson gave a reading and the meeting was opened with *O' Canada*, the Ode and Mary Stewart Collect. Roll call was given by nine members and one visitor. The May and June minutes were read and financial report given.

Correspondence was read and it was decided to put an entry in the group display at the Kincardine Fall Fair. Guest speaker Ev Craddock of Paisley gave an interesting talk on Bruce County Rail Trails. Show and Tell was about experiences in or about 4-H.

The meeting closed and lunch was served by Janice Hewitt and Hentji Kloosterboer. The next meeting will be on August 2 at 8 p.m. at the hall. Roll Call will be "How to protect yourself from falls."

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