

Introducing...



COLLETTE VACATIONS

As a new FWIO partner Collette aims to provide the high quality, well-priced tours that they are known for along with unbeatable FWIO Member discounts. As an FWIO Member you are entitled to special discounts that are not available to the general public but are applicable to family and friends travelling with you. You will receive a seven percent land and air discount on all tours – this means hundreds of dollars of savings by booking with Collette! It's easy to learn more – simply call 1-800-468-5955 and identify yourself as an FWIO Member.

The Great Trains, Wineries and Cultures of Australia & NZ, along with The Wonders of Iceland are Smithsonian Journeys Travel Adventures tours. These tours all include local experts in addition to the Collette Guide which make the difference between simply seeing, and truly experiencing your destination.

Italy's Treasures and California's Wine Country are small group tours. As such these tours do not exceed 24 passengers - a great way to truly immerse oneself in all that a destination has to offer.

We take the hassle out of travel, so you have all the fun! As an added advantage, FWIO Members who purchase an air-inclusive vacation from Collette Vacations will receive complimentary Sedan Service to and from the airport, including gratuities to the drivers.

Collette offers guaranteed departure dates. Choose from hundreds of guaranteed departure dates through until April 2011 and rest assured your tour will not cancel.

Enjoy looking through all that Collette has to offer - visit the website to download a brochure or see what other travelers are saying at www.collettevacations.ca. Contact us by phone at 1-800-468-5955. You can also order a full catalogue at www.fwio.on.ca, click on **links**, then click **FWIO Partners** and under **Collette Vacations** then click on **Order the Full Catalogue**.

Travel & Wellness Tips

I ♥ traveling...

#1 - Drink Plenty of Water

It keeps you feeling energized, aids digestion, and increases your mental and physical performance.

#2 - Take Care of Your Feet

To keep your tootsies in top form, always wear comfortable walking or athletic shoes and never pack new shoes that need to be "broken in." Bring moleskin or adhesive bandages to treat blisters.

#3 - Pack Wisely

Bring items that can be layered, so you'll be comfortable if the weather changes while you're out. If you're traveling with a companion, it's a good idea for each of you to put one set of clothes in the other's suitcase so you will have something to wear if your luggage gets lost.

#4 - Copy Your Passport

Carry a copy of your passport with you but keep it separate from your actual passport. Also, be sure to leave a copy with someone at home in case you need it faxed to your destination.

#5 - Keep Your Money Secure

To avoid having your credit card purchases declined while overseas, call your credit card company before you leave and let them know your plans. And always carry your cash and credit cards in a neck wallet or money belt to prevent against theft.

#6 - Mind Your Meds

If you are taking prescription medication, be sure to take an adequate supply for your tour and a few additional days, in original prescription containers. Medication should be packed in your carry-on baggage (never in checked luggage.)

#7 - Keep a Well-Stocked Carry-On

During the flight or once you're there, here are a few things you'll want to keep with you as you travel.

- Film: The equipment used for screening checked baggage will damage your undeveloped film.
- Facial tissues: Just in case the available restrooms don't have toilet paper!
- Granola/energy bars: To keep your blood sugar and energy levels up if you can't find something to eat.
- Sunscreen with an SPF of at least 15: Sunburns and skin damage can occur even when it looks cloudy or overcast!