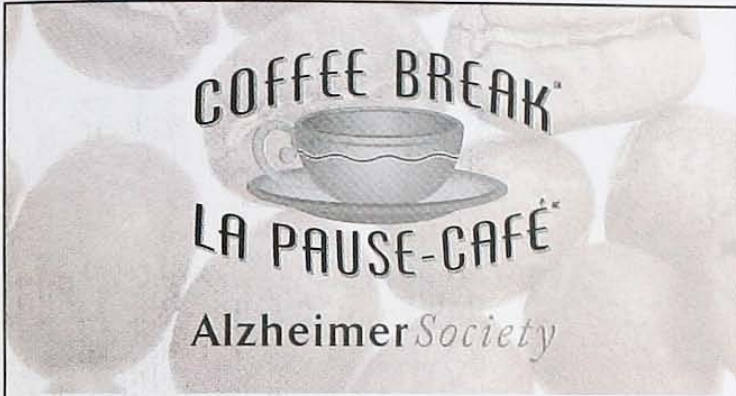




Kent District

The five members of the panel, at Kent District Women's Institute, Antique Roadshow Identification Clinic, who were all experts in the field, examined about 200 items this past Spring. There was an amazing group of articles brought in for scrutiny including old books worth about \$20 and some unusual items that could be worth thousands of dollars. Historical objects, garage sale finds, old toys, paintings, prints, and articles handed down from generation to generation were among the items examined. Refreshments were served while people from the community and surrounding areas waited. The proceeds from the project will be used for WI community activities.



Coffee Break is the Alzheimer Society's major annual fundraiser where friends, co-workers and customers gather in communities across Canada to raise funds for local Alzheimer Societies. Participants at the event make a donation in exchange for a cup of coffee. The kick off for Coffee Break 2008 will be held on Thursday, September 18. Coffee Breaks are held as local events, virtually online and through partnerships with businesses who offer coffee cup cut-outs at a variety of retail stores and organizations across the country. All funds raised are used to help fund local programs and services for people with Alzheimer's disease, their caregivers and their families.

Hosting a coffee break is easy! You can hold a break in your office, at home, at your community centre, in a local mall or anywhere you can set up a stand and serve coffee. Tip: increase donations by offering tea or juice as well as coffee, or you can add cookies or pastries.

Sign-up today to host a coffee break and support the Alzheimer Society!! Visit www.alzheimerontario.org for more information.



FWIO Provincial President Joy Trimble and Members Peggy Knapp, Pat Salter and Pauline Weiland from the Guelph Area shared skills and insights on Women's Institute with Maryam Sidiqi, Executive director of the Afghan Women's Business Council (AWBC). She is currently partnered with Mennonite Economic Development Associates (MEDA) in the *Through the Garden Gate* project – a project aimed to help rural women north of Kabul to grow kitchen gardens to feed their families and produce a surplus to sell in the market.

Joy, Pauline, Pat and Peggy shared first-hand experiences and discussed the impact WI has had on women and their families. Maryam spoke of the challenges women in Parwan province face, like security and lack of education, but shared some encouraging news about the positive impact the *Through the Garden Gate* program is having on participants and communities. Maryam spoke of women completely illiterate before the program that are now part of the business community, helping support their families.

The project aims to reach over 2,000 women and 10,000 of their family members, providing these women with an opportunity to learn basic numeracy and literacy skills and improve their horticultural practices for better yields.

Pictured in the photo are left to right Peggy Knapp (Guelph Area WI Member), Maryam Sidiqi (AWBC), Joy Trimble (FWIO Provincial President), and Pauline Weiland (Guelph Area Member).