

COFFEE *Talk*

POSITIVE thinking will let you do everything better than negative thinking will. ~ Zig Ziglar

There is little difference in people, but that little difference makes a big difference. That little difference is attitude. The big difference is whether it is positive or negative. ~ W. Clement Stone

Few things in the world are more powerful than a positive push. A smile. A word of optimism and hope. A "you can do it" when things are tough. ~ Richard M. DeVos

Positive anything is better than negative nothing. ~ Elbert Hubbard

The person who sends out positive thoughts activates the world around him positively and draws back to himself positive results. ~ Norman Vincent Peale



MEETING MINUTE

Positive vs. negative. We all know that positive energy makes our lives easier, draws people close to us and helps us feel good - but maintaining that positive attitude takes work. We try to stay positive and surround ourselves with positive people, however, at times other people's views or opinions can affect our own feelings.

I recently heard from a new Member who met several long-serving WI Members at an event. She had been excited to meet these women that had been a part of WI for so long and shaped the organization into what we are today. She was somewhat disheartened and disappointed as the conversation turned to complaining about the organization. As she listened, she felt her own excitement and enthusiasm for her new organization fade.

It is important to remember how your positive energy (or negative energy) is transmitted to everyone around you. Staying positive creates a feeling of satisfaction. It draws people closer to you - current friends and new acquaintances. It makes your life more enjoyable and allows you to truly experience the joyful and happy things in life while dealing with challenge or change in a more effective manner.

At an upcoming meeting why not focus on the "positive" aspects of your Branch? What have you accomplished over the years? What was it that made you join WI? What makes you keep coming back? What can your Branch offer to new Members? How can you stay positive in your every day life? What about brainstorming possible solutions or finding out how you can advocate for change on challenging issues?

This can make for some great discussion as a group and could also be an interesting and informative ROSE Session topic.