

Good Idea!

You Said It! Laughter is the Best Medicine!

We've been noticing a great theme among WI Branch meetings and ROSE sessions lately...the importance of laughter! Woodburn WI (Wentworth District) welcomed laughter leader, Pam Tracz, and

participated in laughter exercises, while Maple Leaf WI and Sim's Locks Haldimand District have also held laughter-themed meetings. Take a look at the happy faces of Maple Leaf WI (Perth North District) Members as they raised funds for ACWW through a cake-walk at their "giggly get together". Pictured here is Olive Walsh, Eleanor Elg, Barb Grube, Bonna May, Audrey Orth and Verna Coneybear.



A ROSE Success Story!

Carlingford WI and Goulds WI in Perth South District joined forces to host a successful ROSE session this past year. They started the event with dessert, and then welcomed Nancy Eaton, a registered nurse at the Woodstock Hospital. Nancy's exhibit and talk was on kidney dialysis.

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