

# Down The Garden Path



## Getting Festive!

Grand Bend WI (Centre District WI) ladies and friends gathered in November to learn how to make "ribbon angels". What a great way to get in the holiday spirit and ensure that lots of "ribbon angels" add to the holiday season!



## Managing Diabetes

Algoma (Huron South) hosted a ROSE Program on "Managing Diabetes" this past fall. Janie Bringleston, Branch Coordinator of the Sault Ste. Marie Branch of the Canadian Diabetes Association gave an excellent talk and slide presentation which was followed by a question and answer period. Various herbal teas and low sugar cookies were served to round out a very interesting and informative evening. In the photo, Janie Bringleston, (left) and Jane Darlow, Algoma Centre District WI President



## Desbarats WI

The Desbarats Women's Institute (Algoma North Shore District) was one of a number of Institute groups invited to International Day at Mackinaw City, Michigan. The highlight was a tour of the U.S. Coastguard Icebreaker, Mackinaw, which operates as a museum telling the story of its 62-year career breaking ice on the upper Great Lakes. Several ladies also toured the old Mackinac Lighthouse which operated from 1889 until 1957 when the lights on the newly completed Mackinac Bridge made the lighthouse unnecessary. The best part about the entire day was meeting new WI friends! Pictured here from left to right are Arlene Hunter, Ann McHale, Irene Gjos, Betty Mills and Fay McClelland.

## Good Idea!

### Buy Local

Burnstown WI (Renfrew South District) welcomed April Cappel, Program Director for Renfrew County's Buy Local Program. April shared the advantages of shopping in your own community, and many participants learned about products they didn't even know were produced close to home. Everyone took home a bar of locally made goats milk soap.

