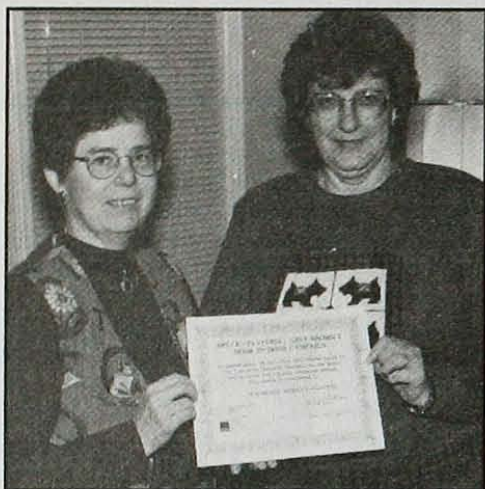


Cross Country Calendar

Bridgeport WI, Waterloo North

Florence Gole, the Public Relations Officer from this Branch, remembered those Honorary Members who couldn't participate in the February 19th celebrations. She sent each Honorary Member confined to a nursing home three FWIO place mats and serviettes for use on that day, noting that they would be with their Branch in spirit, if not physically.



This Branch received a Certificate of Appreciation from the Canadian National Institute for the Blind (CNIB) for their donation of \$400 to the group's fund raising efforts. Waldemar Branch President, Louise Cornelius (left) accepts the award from the local Chair of the CNIB, Leah Mitchell.

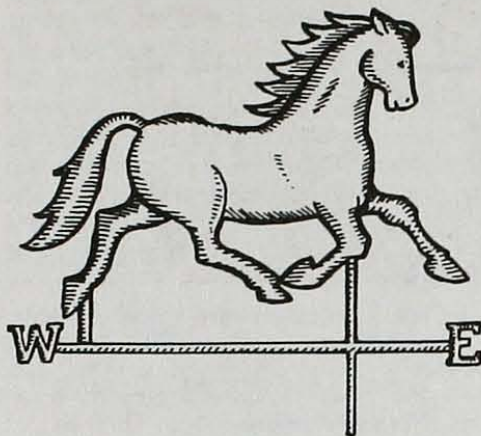
Photo courtesy of Mike Maloney, Photographer, Grand Valley.

Submitted by Louise Cornelius, President, Waldemar WI, Dufferin South.



Joan Chalmers (left) of Vandorf Women's Institute, winner of the Tea Towel Competition, is pictured here with Marg Harris (right), FWIO President. The Competition was organized by the North Central Area WI.

Submitted by Joan Chalmers, Vandorf WI, York Centre.



Dundas District WI

This District proudly presented two young people with awards in recognition of excellence in leadership, scholarship and community service. Jonathan Wilson was recognized for his activities in 4-H; Joanne Garlough for her academic efforts at university and teacher's college.

Tottenham WI, Simcoe South

This Branch has organized a Health Fair in Tottenham, getting several local groups "working together for a safe and healthy community." The mayor will be declaring the week of April 14th "Safe and Healthy Community Week" in the area. Schools will be participating with class programs. The Scouting group is undertaking a town clean-up. The police are holding a bicycle safety rodeo. And the Lions Club are organizing a "Walk for Health." It is hoped that other groups will get involved with ideas as well.

This Branch has a few WI logos for sale at two for \$10. Contact Kathryn Fitzgerald at PO Box 1041, Tottenham ON L0G 1W0.

Carry-On WI, Wellington North

In keeping with the "Safe and Healthy Communities" theme, the Carry-On WI hosted a Safe Food Handlers Forum. About 60 people, representing Women's Institutes, service organizations, church groups and private caterers, attended. Representatives of the Wellington-Dufferin-Guelph Health Unit conducted the forum. As a centennial project this group distributed a WI newsletter to all households in Palmerston and the surrounding rural area. The information sheet was designed to better acquaint the community with the Women's Institute; it contained information about their history, structure and accomplishments, as well as activities and accomplishments of the Carry-On Branch. It is hoped that this will increase public awareness of the WI and gain new members.

Forester's Falls WI, Renfrew North

Forester's Falls Women's Institute launched a new *Look 'N Cook* recipe book featuring over 400 original dishes. This is the second edition of this book, originally printed in 1977. It was such a good seller the first time around that members decided to print the original 250 recipes and add 161 new contributions.

This book is a tribute to the 100th anniversary of the WI and to former member Suzanne Lambie who spearheaded the original *Look 'N Cook*. Suzanne lost her battle with cancer last fall. To obtain a copy send a \$10 cheque, plus \$3 for postage and handling, payable to the Forester's Falls WI to Anne Swant, RR 2, Forester's Falls ON K0J 1V0, (613)646-2472.

Perth and Huron WIs

Last October and November, Women's Institutes from Perth and Huron joined together to hold workshops featuring low fat cooking and sweatshirt dressup. Attendance at these workshops was 85 and 83 respectively, with several non-members participating.



The North Shore Women's Institute received the Otonabee Township Community Spirit Award. This award is presented to a group or individual whose unselfish actions contribute to the betterment of Otonabee Township, but without thought or desire of recognition. They must have contributed greatly to the welfare and enjoyment of the community and its residents. This Branch landscaped and continues to maintain a new park established in the village of Keene, planting over 1000 perennials. Branch President Mary Macfarlane (front centre) is pictured next to member Valerie Bell (front right). Pictured in the back row from left to right are Donna Atkinson - Secretary, Marg Glenn and Denise McInnis.

Kathryn Pimmitt (front left), professional horticulturist and member, volunteered her time to develop the landscape plan and supervise the maintenance. Kathryn received the Individual Spirit Award.

Submitted by Mary Macfarlane, North Shore WI, Peterborough.