

By Donna Russett

The Novisi Weaning Industry Project

Donations are still being accepted by the Federated Women's Institutes of Canada (FWIC) for their International Project, the Novisi Weaning Industry. The project in Ghana has made substantial progress. Five acres of land have been cleared and three acres are under cultivation. Much has been spent on seeds, transport and plowing. Various cereals are processed to produce the weanimix, such as maize, ground nut and cowpea beans.

The community has benefited a great deal from this project. The distribution of the weanimix has helped to alleviate malnutrition of babies and small children. Women are being educated on better nutrition for their children. And, as women have become involved with this sustainable project through the farming of the cereals and the production of the weanimix, they have also become more empowered.

Your donations enable ACWW to continue in its valuable work. Many thanks to those who have supported this project.

FWIC Unity Committee

The FWIC Unity Committee has proposed an Essay Competition. The following guidelines apply:

- topic - "What Unity Means to Me"
- length - 500 to 700 words, preferably typed or neatly handwritten, double-spaced
- all applicants must be an active WI member

For Ontario members, the previously published time line will not be applicable. Branch members who enter must send their submission directly to the Area Secretary by July 30, 1999.

FWIC 2000 - "Up, Up and Away - Shaping Our Dreams"

The Manitoba Women's Institute Host Committee has an exciting five days planned for you in Brandon, Manitoba. The Convention takes place at the Western Manitoba Centennial Auditorium, one of the region's best performance and conference facilities. The Auditorium and all the other services (including residences) are located on the attractive, compact campus of Brandon University in the heart of the city.

Experience Prairie hospitality and insightful speakers, workshops, entertainment and tours. Rediscover old friends and make new ones. Registration forms will be available later in the year.

Donna Russett is the FWIO Executive Officer to FWIC. She can be reached at RR 3, Stirling ON K0K 3E0, Phone/Fax: 613-395-4305.

The Rewards Are Many

By Lois Olmsted



Volunteering keeps me active in the community and gives me a good feeling of self-worth. The rewards are many - hugs, compliments, smiles and words of thanks. I was deeply honoured to be chosen Volunteer of the Year and made an Honourary Citizen of Owen Sound last year.

I volunteer at the Lee Manor and Harrison Park Seniors Centre, and coach the developmentally challenged at the West Hill Bowling Alley. I help fund raise for numerous organizations, including the Women's Institutes, Big Brothers, Habitat for Humanity, Heart and Stroke Foundation, Grey County Historical Society and Archives, St. Andrews Church and the Legion Ladies Auxiliary.

Currently I am the President of the Grey North District, Assistant PRO for the Grey County Rally and Chair of the Grey-Bruce Area. As well, I am involved in a project to commemorate this year as the International Year of Older Persons.

Lois Olmsted is currently a member of the Springmount WI, Grey West.



Renfrew South District Women's Institute decided to honour their Past Presidents and Secretary-Treasurers with engraved Past-President pins and spoons in recognition of their dedication and commitment to the WI.

The Past Presidents, standing from left to right, are S. MacMillan, M. Craig, S. Campbell, D. Pritchard, L. Larone and M. Misener; B. Comba is the current President. Seated from left to right are M. Wallace, F. Young, L. Jones, E. Collins and O. Watt (absent - V. Bedore).



The Secretary-Treasurers standing from left to right are V. Beach accepting for J. MacLeod, D. Campbell, A. Majaury, S. Campbell and I. Humphries; B. Comba - President, and B. Fraser - First Vice President. Seated from left to right are M. Wallace, F. Campbell and M. Virgin.

Submitted by JoAnne Camelon, Renfrew South District.