

By Kelly Marshall

"Test" Leadership Training Session

I would like to extend a sincere thank you to the 83 participants who attended the testing of the Leadership Training Session held in Alma, Ontario, on March 30. We were a big, cozy group, but undoubtedly enthusiastic!

This session provided WI members with the opportunity to experience a session and provide direct feedback which will establish the foundation for future sessions. Overall, the response was excellent and members were thrilled with the program.

Branch Mailing

By now your Branch Secretaries should have received the ROSE Health Program Information Brochure, which features important program information, a listing of FWIO's Health Partners and features a beautiful ROSE logo and image. You may photocopy the brochure to display at your events or distribute in your communities. If you haven't received your brochure, please contact me and I will send you another one.



ROSE Health Program Website

For those of you who have access to the internet, logging on to the FWIO Website – www.fwio.on.ca – is an excellent source of information, which will keep you informed of the latest initiatives of WI Branches across the province. I will be using this communication tool to promote the ROSE Health Program by providing links to FWIO Health Partners, and featuring and listing dates of ROSE Health Sessions being organized by participating

WI Branches. It will also provide health resources and information about future Leadership Training Sessions in the Areas.

If you do not have access to the internet, please don't feel left out! You can still keep informed by reading each issue of the *Home & Country* and by contacting me anytime!

Did you know?

Young women who increase their level of physical activity and calcium intake by a modest amount can reduce risk of osteoporosis by almost one-third at age 70.

Kelly Marshall is the Health Program Coordinator for the Federated Women's Institutes of Ontario. She can be reached at the FWIO Provincial Office: Phone: 519-836-3056, Fax: 519-836-3094, Email: kellym@sentex.net

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Emily Murphy never did become a Senator, nor did any of the other members of "The Famous Five." At the inaugural meeting of the FWIC in Winnipeg in 1919, Emily Murphy was unanimously elected the first President of the newly formed national organization. In 1933, she was made a Life Member of FWIC.

In 1930, the Honourable Cairine Wilson became Canada's first female Senator. Alberta did not have a female Senator until Martha Bielish was appointed in 1979. As of December 1998, there were 31 women sitting as members of the 104 body Senate, the largest number yet.

Until recently, little has been done to recognize "The Famous Five." In the lobby of the Senate on Parliament Hill, there is a plaque erected by the Canadian

Federation of Business and Professional Women's Clubs dated June 11, 1938. Every year on October 18 the Governor General presents the "Persons" Award to outstanding Canadian women. Until now, this has been the extent of the recognition of the contribution of these women to Canada.

In 1996, several Calgary women formed The Famous Five Foundation to honour these and other Canadian women, to commemorate the "Persons" Case and to inspire, recognize and celebrate achievement.

A major project of The Famous Five Foundation was to create a monument for permanent display in Calgary and Ottawa. Artist Barbara Paterson's larger-than-life bronze sculpture depicts the five women at an imaginary moment in 1929, when they received the news that the word "persons" included women. The first of the two monuments was unveiled in

Calgary on October 18, 1999, the 70th Anniversary of the "Persons" Case. On October 18, 2000, an identical monument will be unveiled on Parliament Hill in Ottawa and presented to the people of Canada.

"The Famous Five" were nation builders and responsible for many democratic achievements. Each of us can find a personal message in the lives and deeds of these remarkable women and use the message in our own lives and pursuits.

If you ever have the opportunity to visit one of the monuments, please accept Emily Murphy's invitation to sit in her chair and tell "The Famous Five" what you are doing to carry on their spirit and improve the quality of life for women and girls.

Donna Russett is the outgoing FWIO Executive Officer to FWIC. She can be reached at RR 3, Stirling ON K0K 3E0, Phone/Fax: 613-395-4305.