

By Kelly Marshall-Rutherford

Leadership Training Sessions

The year 2000 was certainly a busy one! Nine Leadership Training Sessions for the ROSE Health Program were completed with approximately 450 WI members in attendance. The feedback was excellent – 77% of members rated the session an “overall excellent!” Thank you to the members who attended. I enjoyed meeting you all!

Areas that have received training to date are: Guelph (*test session), London, Kingston, Eastern, Southwestern, Central, Simcoe, Trent Valley.

Training Schedule for 2001

The remaining Areas will receive their training up to May 2001.

- Hamilton – February 19, 2001 (snow date February 26), Waterford Legion
- Northern – April 3, 2001, Windermere Community Hall
- North Central/Cochrane-Temiskaming – April 10, 2001, Espanola (Venue TBD) & April 12, 2001, Bar River Hall



- North Western – April 24, 2001, WI Museum, Emo & April 26, 2001, Vickers Heights Community Centre, Thunder Bay (Note: dates/locations are tentative at time of printing)
- Grey-Bruce – TBD

*Each Branch that would like to participate can delegate up to two Branch Representatives to attend the FREE, interactive and informative session. Registration packages are mailed to each Branch Secretary at least two months prior to each training session date.

ROSE Health Session Calendar

If you would like to include your upcoming

ROSE Session on the calendar on the FWIO website, please send your information to me at the address below.

ROSE Health Session Profile

Glen Gowrie, Kirkton and Staffa Women's Institutes presented their ROSE Health Session on November 23, 2000, to approximately 75 women. The session featured speakers from the Crohns and Colitis Foundation and the National Ovarian Cancer Association. Also included was “Brain Gym,” (which is a series of stimulating exercises associated with Kinesiology), a country store and a hot lunch. Over \$350 in “free-will offerings” were received, which was divided equally and donated to the featured organizations.

Did you know?

Over 17,000 information brochures/literature from FWIO Health Partners and health organizations have been distributed at the Leadership Training Sessions!

For more information about this report or the ROSE Health Program, contact me anytime at the Provincial Office, 7382 Wellington Road 30, RR 5, Guelph ON N1H 6J2, Phone: 519-836-3056, Fax: 519-836-3094, Email: rosehealthprogram@fwio.on.ca

Howick WI Focus on Safety



Seeing is believing, and that especially holds true when learning about safety. Thanks to the Howick Women's Institute, Grades 4, 5 and 6 students from Howick Central Public School learned about safety from the experts. Ten safety stations were organized on a variety of topics: the proper way to wash hands; water safety; the use of chemicals; safety in the sun; the proper way to wash hands; water safety; the use of chemicals; safety in the sun; grain wagon safety; electrical safety; fire safety; the safe operation of augers; ATV and lawn mower safety; and, tractor safety. Children had the opportunity to participate in safety procedures, such as putting out a control blaze with an extinguisher. The Howick Branch intends to organize a Safety Day for kids every three years.

Extracted from an article by Marion Duke, Advance-Times Plus, May 2000.

Eastern Area Donates \$10,000

Eastern Area presented a cheque for \$10,000 to the Federated Women's Institutes of Canada (FWIC) for the purchase of office equipment and for repairs to the Adelaide Hunter Hoodless Homestead. Eastern Area President Pat Hanscom presented the cheque to FWIC President Faye Mayberry.

The donation was given in honour of the outstanding accomplishments of Area member Bernice Noblitt. From 1982 to 1985, Bernice was the President of FWIC. She was also the driving force behind the committee that produced two editions of *Silver Thoughts*, *Golden Words* and *A Nickel Worth of Stories*, the sale of which was the source of the donation.

Submitted by Peggy McLeod, Secretary-Treasurer, Eastern Area WI.