

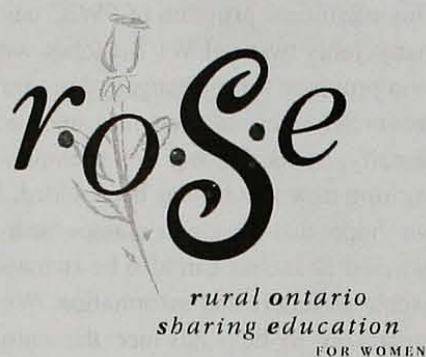
Spring is almost here! In addition to the warm weather ahead and new blooms, I will be very busy conducting the final ROSE Health Program Leadership Training Sessions. Here is the finalized schedule for the remaining Areas:

- Northern – April 3, 2000
Windermere Community Hall
- North Central/Cochrane-Temiskaming
Session 1: April 9, 2001
Espanola Recreation Centre
Session 2: April 11, 2001
Bar River Hall
- Northwestern
Session 1: April 24, 2001
WI Museum, Emo
Session 2: April 26, 2001
Vickers Heights Community Centre,
Thunder Bay
- Grey-Bruce – May 8, 2001
Elmwood Community Centre

Each Branch can delegate up to 2 Branch Representatives to attend the FREE, interactive and informative session. Registration packages are mailed to each Branch Secretary two months prior to each training session date.

ROSE Health Session Calendar

If you would like to include your upcoming ROSE Health Session on the calendar (located on the FWIO Website), send me your information at the address at the end of the column.



Women's Health Matters Forum & Expo 2001, Toronto Metro Convention Centre

This year FWIO and the ROSE Health Program arranged a booth at the Women's Health Matters Forum & Expo, organized by one of our Health Partners, Sunnybrook & Women's College Health Sciences Centre. More than 12,000 people attended – excellent exposure for FWIO and the Health Program!



Kelly Marshall-Rutherford, Health Program Coordinator

ROSE Health Session Profile

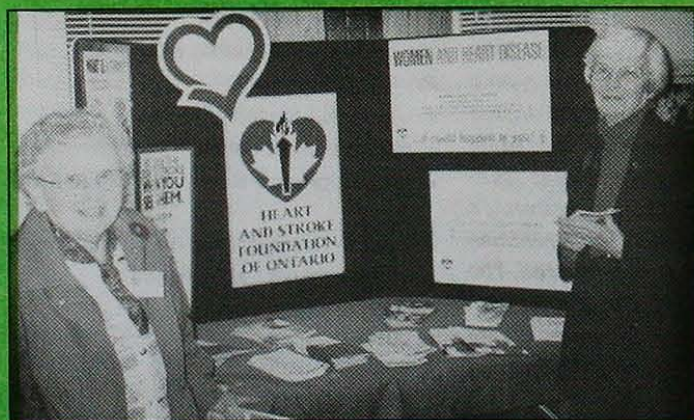
South Lobo Women's Institute presented their ROSE Health Session on November 6, 2000, to approximately 80 men and women at the Coldstream Community Centre. The session featured the topic of Osteoporosis and speaker Nancy Platt, Clinical Nurse Specialist and Osteoporosis Program Coordinator at St. Joseph's Health Centre. Admission was free.

ROSE Health Session Profiles are also featured in a presentation binder (displayed at the Leadership Training Sessions and community events) and on the FWIO Website. To include your Health Session (event), send me your information at the address below.

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The Farm Line

The Ontario Farm Women's Network (OFWN) proposed to start the first Ontario wide 1-800 help line for farmers and their families. The Farm Line is a hot line for easy access to personal, career and financial information and support over the phone and for referral to local specialists when needed. The Farm Line is up and running and the number is 1-888-471-2903. For more information visit the website at www.thefarmline@thefarmline.ca



"Our Own Health"

An evening symposium entitled "Our Own Health" organized by the Central Dumfries and Laura Rose Branches of the Women's Institute drew a crowd of 65 women and men to the Ayr Curling Club last November. Participants enjoyed information provided by three guest speakers: Gastroenterologist Dr. P.K. Kutty delivered a comprehensive discussion on the early detection of colon cancer; Ron Parsons from the St. John Ambulance provided information about the history, background and services of the organization; and, Laura Rose WI President Marilyn Sharp provided advice on visiting the doctor. Each of FWIO's Health Partners provided displays. Margaret Parkinson (left) from the Central Dumfries WI and Marjorie Hallman (right) from the Laura Rose Branch are shown in front of the display set up by the Heart and Stroke Foundation of Ontario.