

Roots of Bruce

For the past seven years, the Women's Institutes of Bruce County have been involved with "Roots of Bruce," an agriculture in the classroom project. The program invites Grade 5 and 6 students from the Blue Water School Board and the Bruce Grey Separate School Board to enjoy first-hand exposure to agriculture. For



three days, close to 1000 students take part in half-day, hands-on activities in Walkerton covering numerous aspects of agriculture.

It takes 60 to 80 volunteers to man the various stations. Their reward is the satisfaction of educating students about agriculture and a home-cooked meal at noon provided and served by members of the Women's Institute. Numerous Branches give financial and other support to this project, another fine example of Women's Institutes volunteering their time in their community.

Submitted by Inez Fenton, Media Chair, Roots of Bruce, and a member of the Burgoyne WI, Bruce County.

Bruce County Women's Institute members serve the meals and, of course, wash the dishes.

A Step Towards Cleanliness



The Sanford Women's Institute continues their drive to place step stools in public washrooms to aid children in reaching taps to wash their hands. The project was initiated by Branch President Ruth Dick. The stools are donated by Canadian Tire and to date they have been presented to the Uxbridge Public Library and the Sanford Community Hall. Member Marilyn Dobie stands beside her grandson Eric Swan, aged 3, while he washes his hands with the aid of one of the stools donated to the Sanford playgroup.

Photo courtesy of Roger Varley, Uxbridge Tribune.
Submitted by Marilyn Dobie, Sanford WI, Ontario.

Building Better Bones

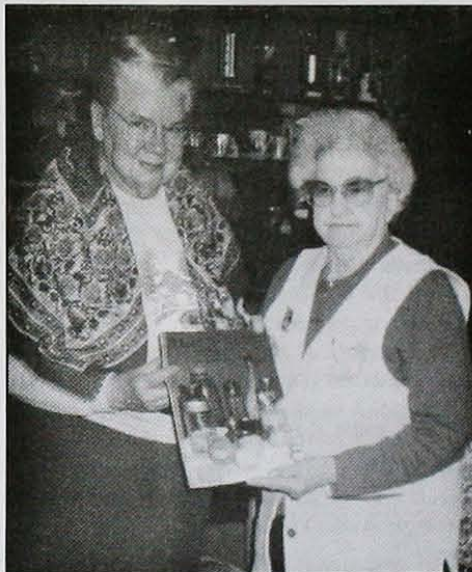


The Maple Ridge Women's Institute took a positive step towards improving their health when they invited pharmacist Doug Clarke to speak at a Branch meeting. The topic for the evening was osteoporosis, a disorder characterized by the progressive loss of bone mass. The group was eager to find out what they could do about this disease - its symptoms, its treatment and its prevention. Maple Ridge President Beryl Jocha presented Mr. Clarke with a fruit basket for the informative presentation.

Extracted from an article by Anne Craig in *The Napanee Beaver*, August, 2001.

Submitted by Margaret Winter, Maple Ridge WI, Lennox & Addington.

Pickles to Please



At the Beaver Valley Fall Fair last year, Heathcote Women's Institute members submitted pickle recipes for the publication of *Pickles to Please*. Heathcote member Evelyn Bowins (right) receives a copy of the recipe book from publisher Alma McKinlay (left), a recent member to the Branch. To obtain a copy of *Pickles to Please*, write to Alma McKinlay at Ravenna ON N0H 2E0, or call 519-599-5504.

Submitted by Alma McKinlay, Heathcote WI, Grey North.

50 Year Pins Presented

- Calvin WI, Nipissing
 - Lillian Graham
- Holstein WI, Grey South
 - Florence Aitken
 - Olive Aitken
 - Vera Aitken
 - Doris Long
- Thorndale WI, Middlesex East
 - Ruth Watson
- Auburn WI, Huron West
 - Bernice Anderson
 - Marion Haggitt
 - Mildred Lawlor
 - Betty Archambault