



By Cindy Lockhart

Do you have any new members? How did you entice them to join? Remember, sharing your ideas could help other Branches. A membership recruitment tactic that didn't work for your Branch might work for another.

I congratulate each of you for being a volunteer with our organization. As a member, each of us volunteers in our own way. We attend meetings, we participate on committees and we invite potential new members to join our great organization. Without volunteers we could not succeed. So be sure to count your volunteer hours. These are especially important to our organization when we apply for grant money.

I attended the Federated Women's Institutes of Canada (FWIC) Convention in June where I participated in a workshop entitled "Communicate with Confidence." Here are several tips to consider when presenting.

- **Speaking** – When speaking, how you deliver your words allows you to show your concern, your enthusiasm or your personal dedication to the subject. How you deliver words can make an impact on the listeners. It can change their view. The delivery of words involves the tone of your voice, your body language, facial expressions and your appearance. These "power tools" are a part of your overall demeanor, which ultimately impact on your presentation.
- **Eye Contact** – Because you speak to people with your eyes, make eye contact with your entire audience, and don't forget to smile! Direct eye contact means that you are sincere, confident and honest.
- **Body Language** – Your body language sends a message even when you aren't speaking. So be sure your body is sending the right message. Your stance can make you appear confident, relaxed and natural, or nervous and unsure.
- **Facial Expression** – Be sure your facial expressions match what you are saying, since they too relay a message. Some times we use inappropriate expressions and we confuse the audience. Appropriate expressions are critical.
- **Dress and Appearance** – Treat each presentation as a first impression. Be neat, tidy and comfortable.

I hope you will try some of these suggestions. They do make a difference!

My column in the Winter 2003-2004 issue will be my last as the Membership Coordinator. It's time for new ideas! Here's to success!

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Congratulations



Anniversaries

Damascus WI, Wellington North 35	- Vi Bell - 56
Mrs. Alfred Watt Memorial WI, Simcoe West 50	- Florence Bowman - 52
Oakcrest WI, Norfolk 70	Carlingford WI, Perth South
Lanark South District WI 75	- Edna Babb - 72
Castleford WI, Renfrew South 90	- Betty Knott - 55
Washago WI, Simcoe East 90	- Marguerite Knott - 54
Thorndale WI, Middlesex East 95	- Verna Willows - 54
	- Agnes Miller - 51

Cathcart WI, Brant
- Joy Potter - 57
Glen Gowrie WI, Perth South
- Janet Chappel - 50
- Gwen Christie - 50
Goulds WI, Perth South
- Pearl Sidwell - 71
- Florence Peppler - 59
- Evelyn Stewart - 57
- Norma Cheoros - 54
- Lottie Hinks - 50
Kirkton WI, Perth South
- Ruth Sheir - 73
- Jean Ratcliffe - 57
- Laurel Francais - 53
Motherwell WI, Perth South
- Doris Adams - 52
- Marian Barr - 52
- Mabel McIntosh - 52
- Joyce McKay - 52

Life Memberships

Avening WI, Simcoe West
- Joan Morby
- Gwendolyn Taylor
Cathcart WI, Brant
- Jean Griffen
Nobleton WI, York Centre
- Jean Boynton
- Mary Anne Merritt
South Lobo WI, Middlesex Northwest
- Gertie Dieleman
- Glenna Ladell
- Helen McLachlin
Walsingham WI, Norfolk
- Doreen Dedrick

District Life Memberships

Lennox & Addington District WI
- Freddie Clarke, Centennial WI
- Lorraine Martin, Victoria II WI
- Mary Morey, Victoria II WI
- Nancy Strugnell, Maple Ridge WI
- Marion Wannamaker, Maple Leaf WI
- Barbara Weese, Hay Bay WI
- Helen Winter, Grandview WI

Long-Time Members (50+ Years)

Associate Member
- Buelah MacDougald - 54
Avonton WI, Perth South
- Mary White - 73
- Florence Murray - 64
- Iona Ballantyne - 57

Oakcrest WI, Norfolk
- Helen Cattel - 60
- Flossie Maylin - 60
- Aileen Blayney - 50
- Mary Ludwig - 50
- Margaret Snowden - 50
- Ruth Uetz - 50
Sebringville WI, Perth South
- Mary Sinclair - 67
- Doris Aitcheson - 56
St. Pauls WI, Perth South
- Jeannie Coulthard - 67
- Marie Bean - 50
- Ruth Strohm - 50
Staffa WI, Perth South
- Doris Miller - 53
- Roberta Templeton - 53



"Stop and Shop" with Roblin WI

Members of the Roblin Women's Institute held their second annual "Stop and Shop" at the Roblin Community Hall. They rented tables to local crafts people and in addition home baked goods, maple syrup, Tupperware and many other items were sold. Roblin members also organized a Silent Auction, served lunch and sold a wide variety of plants, bulbs and flowers. A donation from their proceeds was sent to "Focus High for WI" to go toward the Adelaide Hunter Hoodless Homestead.

Submitted by Maysil Morgan, Roblin WI, Lennox-Addington, Kingston Area.