

Nobleton WI Honours Muriel Mactaggart

Muriel Mactaggart was born and raised on a farm just south of Nobleton, Ontario. She married her late husband Forest in 1937 and they farmed near her childhood home.

Muriel has been an active Women's Institute member for 73 years. As a teenager, she joined the Junior Farmers and the Junior Women's Institute, becoming a member of FWIO when she was 20. Muriel delighted in leading numerous 4-H Clubs over the years. Her WI friends and colleagues adored Muriel having learned many cooking and sewing skills under her leadership.

In addition, Muriel has been a member of the Nobleton Agricultural Society for over 40 years. She grows her own flowers and a vegetable garden. She received the WI Silver Cup several times for her prize winning floral arrangements. Muriel has created many scrapbooking treasures, including WI and community events, for the past 70 years.



Submitted by Mary Anne Merritt, Nobleton WI, York Centre, Central Area.

Slate River WI Member Mary Germain Receives the Order of Ontario

Mary Germain, a long-time member of the Slate River Women's Institute (Thunder Bay District, Northwestern Area), was recently inducted into the Order of Ontario. The Order recognizes Ontarians who have enriched the lives of others. Germain was bestowed the honour on March 31, 2004, by Lt. Gov. James Bartleman. She received the Order for her selfless work in her community, where she served as a councillor, gave away free clothing and furniture to people in need, was instrumental in organizing a local food bank and helped raise money for numerous local charities. Mary says that as long as she is in good health, she'll keep active.

Submitted by June Feaver,
Northern Regional Board Director.



How to Protect Your Email Address Book

I learned a new computer trick today that is really ingenious in its simplicity. As you know, when a worm virus gets into your computer, it heads straight for your email address book. From there, the virus spreads to everyone listed, thus infecting all your friends and associates. This trick won't keep the virus from getting into your computer, but it will prevent the virus from using your address book to spread further and it will alert you to the fact that the worm has invaded your system.

Here's what you do. First, open your address book and click on "New Contact," as if you were adding a new friend to your list of addresses. Type in AAAAAA in the window where you would type your friend's first name. Also, use the address aaaaaa@a.aaa.

Now here is what you have done and why it works. The AAAAAA will appear first in the list of addresses in your address book. This will be where the worm will start in an effort to send itself to all your friends and associates. But when it tries to send itself to AAAAAA, it will be undeliverable because of the false email address you have entered. If the first attempt to spread fails, and it will due to the false address, the worm goes no further.

The second great advantage to this trick is that when an email cannot be delivered you are notified of this almost immediately. So, if you get an email telling you that an email addressed to AAAAAA could not be delivered, you will know you have a worm virus in your system. Now you can take steps to get rid of it! If everyone you know does this, there is no need to worry about opening mail from those listed in your address book.

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