

ROSES Are Blooming

The ROSE Program family is blooming this Spring. Please welcome our newest ROSE Partners The Canadian Health Network and Pitch-In Canada! For great ideas on how to utilize the resources of these two organizations and our other ROSE Partners in your WI Branch Meetings and ROSE Programs, visit www.fwio.on.ca or contact the ROSE Program (contact information can be found on page 2).

Looking for reliable, up-to-date women's health information? Turn to the Canadian Health Network – Canada's source for trustworthy health information!

The Canadian Health Network – www.canadian-health-network.ca – is a national, bilingual, non-profit website that covers a wide range of health topics and groups, including women's health. At the Canadian Health Network (CHN), you'll find information to help you make informed decisions about topics such as rural, remote and northern women's health, body image and self-esteem, breast health, perimenopause and menopause, heart health, violence against women and more.

The CHN is a unique collaboration between the Public Health Agency of Canada and major health organizations across the country, called Affiliates. womenshealthmatters.ca at The New Women's College Hospital is the CHN Women Affiliate. The Women Affiliate collects, updates and develops the women's health information for the CHN website; promotes the CHN; and builds a national network of organizations that address women's health.

One of the many activities that the Women Affiliate does is write articles for the CHN homepage. Recent articles include:

- Rural, remote and northern women: where you live matters to your health
- Women with heart disease: living a good life
- Violence against women: what women in abusive relationships and others can do.

We also highlight a different women's health topic each month on the CHN Women page. To see our featured resources on these topics, visit www.canadian-health-network.ca and click on Women.

The CHN Women Affiliate has recently partnered with the FWIO ROSE Program. We look forward to working with ROSE to bring you reliable and up-to-date women's health information. Look for our bookmarks, pamphlets and fact sheets at future ROSE/WI Branch events. In the meantime, if you have any questions about the CHN and the Women Affiliate, or would like to order brochures and bookmarks, please contact us at womenaffiliate@womenshealthmatters.ca.

Good Idea!

Visit www.canadian-health-network.ca and click on Women for ideas for ROSE Sessions and Branch Meetings.



STAY TUNED!

Realizing that WI is similar the world over, the New Zealand Federation of Women's Institutes has invited the *Home & Country ROSE Garden* to link with their own publication, *Home & Country*. We will be sharing ideas and swapping stories, poems, jokes, recipes and craft ideas etc for future issues. We will provide appropriate recognition on anything that comes from our new newsletter buddy!