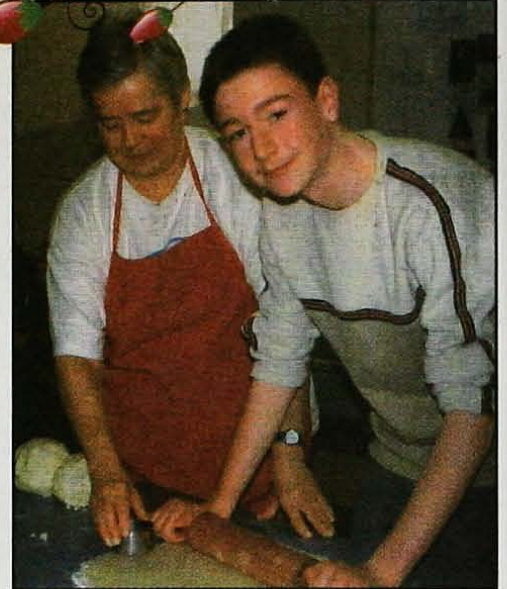


# Down The Garden Path

## FORE!!!

A morning of fun and laughs, as 36 women, from five Branches in Russell District, took to the greens at "The Game", a new mini-putt golf course in Navan. Two players scored a hole-in-one, not an easy thing to do in this game. Many Members decorated lunch boxes which were auctioned off, others decorated bonnets to suit the theme, as everyone chatted while lunching under the trees. Ideal conditions for a day at the golf course – everyone had a delightful time and raised some funds for the Russell District.

*Anne Marie Potvin, President of Navan WI, Theresa Nelligan, President of Leonard WI and Gloria Moffatt, Treasurer of Leonard WI.*



## Pastry 101

Belwood WI (Wellington-Halton District) hosted an introduction to pastry-making session for the Belwood Youth Group. Each youth received a handout on the kinds of pastry, the qualities of good pastry, basic rules, some recipes, and a quiz. After a fun morning of baking, the finished products were enjoyed for lunch!



## Lifelong Brain Health

Eady-Grenard WI (Simcoe North District) welcomed Susan Nagy from the Alzheimer Society (a ROSE Program Partner) who spoke to a group of 15 on lifelong brain health. Susan emphasized that social activity and involvement in community groups are an excellent way of keeping the brain active!



**Good Idea!**

## Food Preparation

Over 30 participants joined Ashgrove WI (Wellington-Halton District) for a special ROSE Session on the occasion of their 80th anniversary. The Session featured a food preparation lesson by the former owners of a local catering business.