

DOWN THE *Garden Path*



Brooksdale WI

"What do I do with all these apples?" you ask. The answer is – you eat them raw, you peel them, you bake them, you make applesauce and you slice them for an apple pie!

A "Back 2 Basics" working demonstration was hosted by Brooksdale WI (Oxford District, Southern Area) at the Embro Community Centre Kitchen on the evening of October 16, 2014.

Brooksdale WI Member, Katherine Grieve, assisted by Anne Innes and Marlene Matheson, discussed seasonal availability of the variety of apples grown in Ontario, with samples to view. They discussed storage, nutritional value and how to make and preserve applesauce, either through canning or freezing.

Anne Innes, who is home craft judge, shared what a prize winning jar of canned applesauce has to have to win 1st place.

The 30 participants were divided into groups to make fruit leathers, baked apples, applesauce parfaits, applesauce pancakes, a salad and applesauce with skins and no skins. The best part of the event was the tasting and socializing in the kitchen. Participants also received the latest recipe cards from the Ontario Apple Growers.

By Laura Green



Pictured: Peeling apples for applesauce are Selia Koops, Yvonne Pelders, Kaitlyn VanWely and Lesley Innes.

Lincoln District

On September 23, 2014, Lincoln District (Hamilton Area) held a ROSE Session called "Preserving the Earth's Bounty" which focused on drying, canning, cooking and freezing local produce.

The workshop was free thanks to funding from the Niagara North Federation of Agriculture. Participants were welcome to attend all day or a mini workshop of their choice. It was a very successful program which the District plans to hold again in the spring.



Pictured (L-R): Lena Byl (Virgil WI), Barbara Stones (Beamsville WI), Sandra Edgeworth (Virgil WI) and FWIO President, Margaret Byl.

Kent Bridge WI

Kent Bridge WI (Kent District, Southern Area) held a ROSE Session on June 25, 2014 with friends and relatives in attendance. Darlene Lather and her daughter, Sharon McDonald, presented a slide show of their trip to Cuba and shared many interesting facts and anecdotes from their vacation. Following the presentation, Eileen LePatourel demonstrated the making of durum pasta from scratch. Her products were delicious!

Pictured: Eileen LePatourel leads a homemade pasta demonstration.



Union Street WI

The North Union Community Centre celebrated its 100th Anniversary on September 13, 2014 and Members of Union Street WI (Central Area) were delighted to mark this special occasion. Erected in 1914 as a one-room school house

