



The Home & Country ROSE Garden is published three times a year by the Federated Women's Institutes of Ontario.

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NEWSLETTER DEADLINE DATE

Please send stories and photos for consideration in the *Home & Country ROSE Garden* to the FWIO Provincial Office or **andream@fwio.on.ca** no later than the content deadline date below. Please review the *Editorial and Graphic Guidelines* before making a submission.

Spring/Summer - April 1, 2015

ON THE COVER

A few years ago, Burnstown WI (Renfrew South District, Eastern Area) accepted the Federated Women's Institutes of Canada's (FWIC) walking challenge – and they've been on the move ever since! However, the group proves that there's more to walking than just exercise – there's a wealth of knowledge to gain by stepping outside and exploring nature. See page 6 for more on how Burnstown WI has turned their weekly walks into ROSE Sessions!

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