



A Message from FWIO Executive Officer to FWIC, Christine Reaburn

Coast to Coast: WI Alive and Well

Are you ready to take on the challenge of the National Theme and Project? In conjunction with the **Women's Heart Health** project, we are challenging you to **"Walk across Canada with us"** - in the mall, around your garden, visiting a neighbour or wherever your feet take you. This can be done individually or with company! If you don't own a pedometer, contact your Regional Board Director for information on how one can be purchased. Please keep track of your steps throughout 2011 and send them to me by June 30, 2011 and December 31, 2011 so I can compile the number of steps taken across Ontario. A record of your participation in words and photos would be a great addition to your Tweedsmuir Histories.

National Competitions (open to all WI Members in Canada)

The Tweedsmuir Competition has three classes:

- 1) Crib Quilt, approximately 32"x37"
- 2) Create a WI programme to entice current and potential Members
- 3) Essay - History of WI in Your Province (2000 words)

The Senator Cairine Wilson Competition for Citizenship:

- An essay on "Why Should I Vote?" (up to 750 words)

If you have any questions or comments on national activities, Christine Reaburn can be reached by email at christinereaburn@hotmail.com. Additional information can also be found on the FWIO website.

Erland Lee Award of Appreciation

This prestigious award is presented by the Federated Women's Institutes of Canada to a man who most exemplifies those qualities of Erland Lee, which led to the founding of the Women's Institute, an organization that spread across Canada and grew to include millions of women worldwide.



This award will be given to a gentleman who has:

- knowledge of the Women's Institute and its work
- given freely of his talents to the WI
- been instrumental in raising the profile of the WI outside the organization
- in his advisory position, promoted the aims and objectives of the WI through expertise in his field of work
- encouraged the progress of the WI as a modern organization for women

Copies of the nomination forms are available from the FWIO Provincial Office. A \$15 cheque payable to FWIO must accompany the nomination form. Please include the nominee's name, address and telephone number. Two nominees will be selected and forwarded to FWIC.

For more information on the Erland Lee Award, please contact the FWIO Provincial Office at 519-836-3078. **All nominations must reach the FWIO Provincial Office by February 15th each year.**

