



DOWN THE

Garden Path



Bainsville WI

Bainsville WI (Glengarry District, Eastern Area) held a ROSE Session in November, with involvement from the Canadian Mental Health Association. Guest speakers represented the 3 sides of the "triangle" that cares for the mental health issues of patients. The first speaker was a professional who discussed various programs that are available. Some of the areas she touched upon were counseling, funding, job placements and training. Many questions were asked by the audience of 33, which included 28 WI Members and 5 guests. A person diagnosed with mental illness spoke of her experiences and progress. The third point on the triangle was that of a family member who cared for her loved one on a 24/7 basis. She spoke of programs available for caregivers and where to find contacts. There were 100 volunteer hours devoted to this ROSE Session, with advertising being done through posters, newspaper, and word of mouth. Well done, Bainsville WI!



Pictured: Bainsville WI had a wonderful turnout for this ROSE Session on Mental Health.



Southline Brant WI

On October 19, 2011, Southline Brant WI (Grey-Bruce Area) hosted a ROSE Session entitled, "LAUGHTER! THE BEST MEDICINE". This ROSE Session featured Jennifer McGuire, popular humour columnist for the Owen Sound Sun Times and Sun Media. Jennifer shared heartfelt, lighthearted and hilarious excerpts from her story collection, Halfway to Happy. Named after Jennifer's weekly column, it is a collection of her best columns – many selected by her readers. The walls at Knox Presbyterian Church in Walkerton, Ontario were bursting with roars of laughter at one moment and tears of joy the next. In the words of Sun Times editor, Michael Den Tante, "Halfway to Happy is funny, sad, insightful, quirky, provocative and always a great read." Everyone was delighted to receive a good dose of this medicine as Jennifer shared her wonderful sense of humour.



Pictured (L-R) are Eugenia Zettler, Jennifer McGuire, Phyllis Siegner and Hazel Lyder.

Motherwell WI

On February 15, 2012, Motherwell WI (London Area) held a Heart & Stroke health meeting. Special guest speaker for this ROSE Session was Sheila Greason. Many participants wore red for the occasion!



Pictured (L-R): Eileen Nethercott, Sheila Greason and Bernice Hunter

