

## Nipissing District

Nipissing District (Northern Area) has donated \$400 to the Erland Lee (Museum) Home and \$400 to the Adelaide Hoodless Homestead. This money was raised through the fifty plus bus trips organized by the District. The Lee Home and Hoodless Homestead were chosen for donations as they were destinations on several of the trips, as well as important sites in the history of the Women's Institute. Other monies raised were used to purchase a metal leaf engraved with the words "Nipissing District Women's Institute" to be displayed on the Pergola at the Discovery North Bay Museum.



## Victoria II WI

The Members of Victoria II WI (Lennox & Addington District, Kingston Area) held a ROSE Session on "Herbs" with Michele Cole and Brad Smith from Herb Haven. It was a very informative meeting about the medicinal and culinary value of various herbs. Many samples were given and knowledge shared with the 21 participants. There was even a "Vicks" plant.



*Pictured: ROSE Session participants check out the many varieties of herbs and herbal products.*

## Avening WI

Members and guests of Avening WI (Simcoe Centre-West District, Simcoe Area) enjoyed a field trip to the "Banting Homestead Heritage Park" in Alliston. Foundation President, David Sadleir, shared the history of Sir Frederick Banting and his achievement of discovering insulin in 1923. He also shared the struggles of rescuing the old homestead farmhouse and getting it into shape for public access. The 1925 farmhouse was completely renovated

and now houses many artifacts and pictures which tell the story of the critical 'discovery' period at the University of Toronto.

The new addition to the old homestead is currently used as a Diabetes Management and Education Centre as well as a central reception area. Plans are in the works to expand, add a flexible classroom with a special diabetes teaching kitchen and eventually, support for outpatient services. The centre has invited the schools in the area to visit and the interest and turnout has been overwhelming. The mission of the "Sir Frederick Banting Legacy Foundation" (SFBLF) is two-fold: Fight Diabetes and Preserve a Legacy. This foundation definitely demonstrates the need for preventing diabetes, with the current statistics of 371 million diabetics in the world, projected to rise to over 500 million by 2020. Children are at an ever-increasing risk today and the percentages are rising. This was definitely a ROSE Session enjoyed by everyone who was present.



*Pictured (L-R): Dorothy Shropshire, Marg Prescott, Myrtle Carruthers, Marion McArthur and Eileen Martin. The picture above the fireplace is an original oil by 'Hunt' which was lovingly restored with funds raised by Simcoe Area Women's Institutes and donated to the Banting Homestead.*

