



**The Home & Country ROSE Garden is published three times a year by the Federated Women's Institutes of Ontario.**

**Editor**

Andrea Morrison  
andream@fwio.on.ca

**Proof Reader**

Ruth Kennedy

**Graphics**

Big Footprints Inc., Cambridge  
www.bigfootprints.ca

**Copyright © FWIO 2013**

Copyrighted material, including graphics, may be reproduced as long as it remains in context, its source is recognized and it is not used for monetary gain. To reprint copyrighted material under any circumstances, contact the Editor.

ISSN – 1715-216X

Printed on recyclable paper by Webco Publications, London, ON.

Publications Mail Agreement No. 40036824

Return undeliverable Canadian addresses to:

**Federated Women's Institutes of Ontario**

7382 Wellington Road 30  
RR 5, Guelph ON N1H 6J2  
Tel: 519-836-3078

Fax: 519-836-9456

Email: [fwio@fwio.on.ca](mailto:fwio@fwio.on.ca)  
[www.fwio.on.ca](http://www.fwio.on.ca)

**FWIO OFFICE HOURS**

**The FWIO switchboard is open Monday – Thursday 9am – 4pm. If you call and get our answering machine, we are busy helping someone else. Please leave a message and we will return your call as soon as possible.**

**The office is open Wednesday and Thursday 9am – 4pm.**

**The office is closed on Fridays.**



**CONTACT INFORMATION**

**FWIO Provincial Office** (see left)

**ROSE Program Manager**

Andrea Morrison Ph: 519-836-3078  
[roseprogram@fwio.on.ca](mailto:roseprogram@fwio.on.ca)

**Advocacy Coordinator**

Glenna Smith Ph: 519-824-0217  
[advocacycoordinator@fwio.on.ca](mailto:advocacycoordinator@fwio.on.ca)

**Membership Coordinator**

Ellen Martin Ph: 613-433-3463  
[membershipcoordinator@fwio.on.ca](mailto:membershipcoordinator@fwio.on.ca)

**Public Relations Coordinator**

Donna Henderson Ph: 519-418-7480  
[publicrelations@fwio.on.ca](mailto:publicrelations@fwio.on.ca)

**International Officer**

Cynthia Rabstein Ph: 519-843-2222  
[internationalofficer@fwio.on.ca](mailto:internationalofficer@fwio.on.ca)

Additional contact information is available with the Coordinator & Officer reports on page 12.

**ON THE COVER**

**Long Standing Tradition of Friendship Continues**

On July 31, 2013, Lambton District WI, along with members from other Ontario Branches, hosted 22 members of the Michigan Association of Family & Community Education (MAFCE) for an International Exchange Day. This year's exchange - which dates back to the 1930's - saw members of MAFCE traveling to Ontario for a day organized by a committee of the Lambton District. The event began at Seaway Kiwanis Pavilion in Sarnia where coffee and treats were enjoyed while news and information were exchanged. Roll Call was the strangest thing you have ever used a corn broom for. Answers included chasing bats, a broom dance, cleaning out grain wagons, chasing the dog, using the straw for toothpicks or to check if the cake was done. A luncheon cruise was enjoyed on the St. Clair River. For more on this story, visit [www.fwio.on.ca](http://www.fwio.on.ca).

*Inside:*

- 4. Back 2 Basics
- 5. Resolution: Lifestyles Program
- 6. Branch Profile
- 8-11. Down the Garden Path
- 12. Tweedsmuir Report
- 13. Upcoming AGM Details
- 14-15. 100th Anniversaries

**NEWSLETTER DEADLINE DATES**

Please send stories and photos for consideration in the *Home & Country ROSE Garden* to the FWIO Provincial Office or [andream@fwio.on.ca](mailto:andream@fwio.on.ca) no later than the content deadline dates below.

**Winter 2014**

- December 1, 2013

**Spring/Summer 2014**

- April 1, 2014

